|  |  |
| --- | --- |
| **Systemic side effects** | **Rate (%)** |
| Hypertension | 7/52 (13.5) |
| Hyperglycemia | 12/52 (23.1) |
| Emotional change | 15/52 (28.8) |
| Appetite change | 25/52 (48.1) |
| Dyssomnia | 38/52 (73.1) |
| Water-sodium retention | 24/52 (46.1) |
| Acne | 6/52 (11.5) |
| Irregular menstruation | 11/23 (47.8) |
| Cushing's syndrome | 1/52 (1.9) |

*Table 11: Systemic adverse events noted in Huang (2021)*