

1 **PARROT: Prediction of enzyme abundances using protein-**
2 **constrained metabolic models**

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14

15 **Abstract**

16 Protein allocation determines the activity of cellular pathways and affects growth across all
17 organisms. Therefore, different experimental and machine learning approaches have been
18 developed to quantify and predict protein abundances, respectively. Yet, despite advances in
19 protein quantification, it remains challenging to predict condition-specific allocation of
20 enzymes in metabolic networks. Here we propose a family of constrained-based approaches,
21 termed PARROT, to predict enzyme allocations based on the principle of minimizing the
22 enzyme allocation adjustment using protein-constrained metabolic models. To this end,
23 PARROT variants model the minimization of enzyme reallocation using four different
24 (combinations of) distance functions. We demonstrate that the PARROT variant that
25 minimizes the Manhattan distance of enzyme allocations outperforms existing approaches
26 based on the parsimonious distribution of fluxes or enzymes for both *Escherichia coli* and
27 *Saccharomyces cerevisiae*. Further, we show that the combined minimization of flux and
28 enzyme allocation adjustment leads to inconsistent predictions. Together, our findings
29 indicate that minimization of resource, rather than flux, redistribution is a governing principle
30 determining steady-state pathway activity for microorganism grown in suboptimal conditions.

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32 **KEYWORDS:** Metabolic modelling; Metabolic engineering; Quantitative proteomics;

33 Systems biology

34

35 **Introduction**

36 Constraint-based approaches have been employed to simulate and predict phenotypes based
37 on genome-scale metabolic models (GEMs) [1]. While already useful for predicting a wide
38 range of phenotypes, the predictive performance of GEMs has been further improved by
39 integrating protein constraints, such as: enzyme catalytic rates and the allocation of enzyme
40 abundances across reactions [2,3]. These protein-constrained GEMs (pcGEMs) have been
41 used to predict complex phenotypes, such as the overflow metabolism, in which fermentation
42 predominates over respiration when microorganisms grow in high sugar concentrations [3,4],
43 and diauxic growth, when multiple carbon sources are available and the microbial growth
44 presents two or more growth phases [5]. The models also allow for the incorporation of
45 proteomics data, and thus provide a framework for multi-omics data analysis and integration
46 [3,6].

47 The parameters included in pcGEMs are: (i) the enzyme turnover numbers, k_{cat} , a
48 first-order rate constant with the unit of s^{-1} , that describes the limiting rate of reactions
49 catalysed by enzymes when these are fully occupied at their saturation point; and (ii) enzyme
50 abundances (in mmol/gDW), obtained from quantitative proteomics experiments. Values of
51 k_{cat} can be measured from biochemical assays or estimated from computational methods
52 based on constraint-based and data-driven approaches [7], while enzyme abundances are
53 obtained from absolute proteomics measurements. More specifically, they are obtained from
54 peptide intensity-based quantification or spectral counting [8]. However, proteomics
55 experiments for absolute quantification are still difficult to perform, given the challenges put
56 forward by the diversity of physicochemical properties of protein [9], lack of standards and
57 problems in reproducibility [10], and overall inaccessibility given the high costs of equipment
58 and supplies [11].

59 Computational methods have also been developed to predict protein abundance,
60 mostly based on data-driven models. These models often explore the central dogma of
61 molecular biology by assessing the relationship between transcription and protein
62 biosynthesis. Notable approaches to estimate protein abundance include the joint learning
63 approach devised by Li et al [12], where an ensemble model was constructed by combining
64 different supervised learning algorithms, outperforming competing approaches in the NCI-
65 CPTAC DREAM Proteogenomics Challenge. Another approach, developed by Terai and
66 Asai [13], uses features such as the accessibility around the Shine-Dalgarno sequence,
67 minimum free energy of the mRNA molecule, Viterbi score, and inside-outside score.
68 Further, Ferreira et al. [14] explored codon usage bias information to train an AdaBoost
69 regression model, achieving higher correlations than previous approaches without the usage
70 of transcriptomics data.

71 Aside from machine learning models, constraint-based approaches have also been
72 used to predict protein abundance. Using approaches such as MOMENT [2] or GECKO [3],
73 it is possible to calculate the optimal concentration of enzymes necessary to carry the
74 provided flux with the provided catalytic rate, given the relationship:

$$75 \quad v_j \leq k_{cat}^{ij} \cdot [E_i] \quad (1)$$

76 where v_j is the metabolic flux of reaction j , $[E_i]$ is the concentration of an enzyme i , and k_{cat}^{ij}
77 is the catalytic rate of an enzyme i catalyzing a reaction j . This allows for deriving k_{cat}^{ij}
78 values given the other two are available. This relationship was explored by Heckmann et al.
79 [15] by using pcGEMs to predict enzyme concentrations given catalytic rates predicted
80 computationally, achieving a 43% lower root mean squared error.

81 Assuming that pcGEMs that integrate proteomics data predict flux distributions that
82 reflect the corresponding metabolic state, we ask whether the reverse operation could be

83 employed to predict proteomics data that match a given physiological state. Moreover, as
84 cells are exposed to stresses or changing environmental conditions, the optimal growth state
85 is disturbed, leading to a suboptimal growth state in which gene expression, regulatory
86 pathways and metabolic flux are changed in adjusting the cell to this new physiological
87 condition [16]. Despite the aforementioned advances in predicting protein abundances, the
88 problem of predicting enzyme allocation under suboptimal growth conditions remains largely
89 unexplored. Here we propose PARROT (Figure 1), for **P**rotein allocation **A**djustment fo**R**
90 suboptimal envi**R**onmen**T**s, a family of constraint-based approaches for prediction of protein
91 abundances for suboptimal conditions using protein abundances measured in a reference,
92 optimal state. Our proposed approach is inspired by Minimization of Metabolic Adjustment
93 (MOMA) [17], which minimizes the distance between a reference state and a gene knock-out
94 state while ensuring cell survival in the later. We show that PARROT predicted enzyme
95 concentrations in very good agreement with experimental data and outperformed competing
96 methods for minimizing flux distributions. Therefore, PARROT can be used to parameterize
97 pcGEMs for unseen, suboptimal conditions from which metabolic phenotypes can further be
98 analysed.

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100

101 **Methods**

102 **The principle of minimizing the change in enzyme usage between a suboptimal and**
103 **reference state**

104 To find the enzyme distribution vector that matches the enzyme usage of a cell growing in
105 suboptimal growth conditions, we propose PARROT, an approach that minimizes the
106 distance between a reference enzyme allocation \mathbf{E}_{ref} and a suboptimal growth enzyme

107 allocation \mathbf{E}_s (Figure 1). This is consistent with observations that micro-organisms minimize
 108 expenditures to perform a growth and associated flux state [18]. We define and compare four
 109 different objectives to model the distance between enzyme allocations in suboptimal and
 110 reference states: (i) the Manhattan distance; (ii) the Euclidean distance; (iii) the weighted sum
 111 of the Manhattan distance between enzyme allocations and the Manhattan distance between
 112 flux distributions; (iv) the weighted sum of the Euclidean distance between enzyme
 113 allocations and the Euclidean distance between flux distributions. The first can be formulated
 114 as a linear optimization problem (LP1), specified as follows:

$$115 \quad \min \left\| \frac{\mathbf{E}_{ref}}{E_{ref}^{tot}} - \frac{\mathbf{E}_s}{E_s^{tot}} \right\|_1 \quad (2)$$

$$116 \quad \text{s.t. } \mathbf{N}\mathbf{v} = \mathbf{0} \quad (3)$$

$$117 \quad v_{s,min} \leq v_s \leq v_{s,max} \quad (4)$$

$$118 \quad v_s \leq k_{cat} \cdot [E_s] \quad (5)$$

$$119 \quad \sum E_s = E_s^{tot} \quad (6)$$

$$120 \quad v_{bio} = \mu, \quad (7)$$

121 where E_{ref}^{tot} and E_s^{tot} represent the total enzyme usage in the model for the reference and
 122 suboptimal states, respectively; \mathbf{N} is the stoichiometric matrix; \mathbf{v} is the flux distribution
 123 vector; v_{bio} is the flux through the biomass pseudo-reaction; and μ is the specific growth rate,
 124 determined from measurements in the suboptimal state. The other objectives are captured by
 125 the following:

$$126 \quad \text{QP1: } \left\| \frac{\mathbf{E}_{ref}}{E_{ref}^{tot}} - \frac{\mathbf{E}_s}{E_s^{tot}} \right\|_2, \quad (8)$$

$$127 \quad \text{LP2: } \left\| \frac{\mathbf{E}_{ref}}{E_{ref}^{tot}} - \frac{\mathbf{E}_s}{E_s^{tot}} \right\|_1 + \lambda \|\mathbf{v}_{ref} - \mathbf{v}_s\|_1, \quad (9)$$

$$128 \quad \text{QP2: } \left\| \frac{\mathbf{E}_{ref}}{E_{ref}^{tot}} - \frac{\mathbf{E}_s}{E_s^{tot}} \right\|_2 + \lambda \|\mathbf{v}_{ref} - \mathbf{v}_s\|_2. \quad (10)$$

129 where the parameter λ is a weighting factor chosen by inspecting the difference between the
130 norms of enzyme allocation and the flux distributions. We solved the corresponding problems
131 under the same constraints as in Eq. 2. We implemented and solved the problems in
132 MATLAB (The MathWorks Inc., Natick, Massachusetts) using the COBRA Toolbox [19]
133 and the Gurobi solver v9.1.1 [20]. The implementation of PARROT can be found in the
134 GitHub repository: <https://github.com/mauricioamf/PARROT>.

135

136 **Experimental data and simulation constraints**

137 To test the variants of the proposed approach, PARROT, we used the pcGEMs of
138 *Saccharomyces cerevisiae*, ecYeast8 [21], and *Escherichia coli*, eciML1515 [22]. We
139 employed quantitative proteomics measurements for both species performed in a number of
140 growth conditions, ranging from optimal growth in standard physiological conditions to stress
141 conditions, alternative nutrient usage and chemostat cultivation.

142 For *S. cerevisiae*, we used the protein measurements from Chen and Nielsen [23] for 19
143 different growth conditions, which were collected from four studies [24–27]. These included
144 proteomics measurements in yeast growing in ethanol, osmolarity, and high temperature
145 stresses [24]; yeast growing in chemostats with reducing nitrogen availability [25]; and yeast
146 growing in chemostats limited by the nitrogen source in increasing dilution rates and in
147 chemostats with alternative nitrogen sources [27]. We also used measurements of nutrient
148 uptake rates, growth rates and protein content from these studies to constrain the batch model,
149 which does not consider protein measurements and rely on the protein pool constraint.

150 For *E. coli*, we used the proteomics data for 20 different growth conditions collected in
151 [28] from three different studies [29–31]. These include batch cultivations of *E. coli* growing
152 with different carbon sources and a glucose-limited chemostat culture, with dilution rates

153 ranging from 0.12 h^{-1} to 0.5 h^{-1} performed by Schmidt et al. [31], a second chemostat limited
154 by glucose at dilution rates ranging from 0.11 h^{-1} to 0.49 h^{-1} [29], and a third chemostat
155 limited by glucose at dilutions rates ranging from 0.21 h^{-1} to 0.51 h^{-1} [30]. Similar to *S.*
156 *cerevisiae*, the batch model was constrained with the nutrient uptake rates, growth rates and
157 protein content measured in the studies where the protein measurements were taken. For both
158 species, we excluded the conditions that did not have measured uptake rates, growth rates, or
159 protein content. In addition, we excluded the temperature stress conditions from Lahtvee et
160 al. [24], as temperature can severely impact the function of enzymes [32], and temperature
161 stress responses entail changes beyond metabolic flux redistribution [16].

162

163 **Pre-processing of protein measurements for the reference state**

164 From the protein measurements obtained from Davidi et al. [28] and Chen and Nielsen [23]
165 we separated the measurements according to each experiment performed in the original
166 studies. From each experiment we selected the control sample to represent the reference state
167 in our approach PARROT. We corrected the protein measurements for the reference state
168 measurements by integrating the values into the pcGEMs ecYeast8 and eciML1515 for *S.*
169 *cerevisiae* and *E. coli*, respectively, using the GECKO Toolbox 2 [22]. The GECKO Toolbox
170 2 identifies the enzyme usage values that most limit growth and flexibilises the values to
171 prevent over-constraining the model. We then used for the \mathbf{E}_{ref} vector of each experiment the
172 values for flexibilised proteins along with values for proteins that were unchanged.

173

174 **Assessment of predicted enzyme usage distributions**

175 The protein measurements, $\mathbf{E}_s^{\text{exp}}$, for the suboptimal growth conditions obtained from Davidi
176 et al. [28] and Chen and Nielsen [23] were not used directly in simulations. These

177 experimental measurements were instead employed to calculate a baseline to which
 178 predictions of \mathbf{E}_s were compared. Assuming that simulations performed with pcGEMs use
 179 only the optimal concentration of enzymes necessary to carry a given metabolic flux, the
 180 model-allocated protein usage would underestimate the *in vivo* enzyme concentrations. To
 181 allow for a fair comparison, we devised a baseline by integrating the experimental proteomics
 182 measurements of each experiment into the pcGEMs using the GECKO Toolbox 2 in which
 183 we minimized the total enzyme allocation given the following optimization problem:

$$184 \quad \min \|\mathbf{E}_s^{\text{exp}}\|_1 \quad (11)$$

$$185 \quad \text{s. t. } \mathbf{N}\mathbf{v} = \mathbf{0} \quad (12)$$

$$186 \quad \mathbf{v}_{s,\text{min}} \leq \mathbf{v}_s \leq \mathbf{v}_{s,\text{max}} \quad (13)$$

$$187 \quad v_{s,j} \leq k_{cat}^{ij} \cdot [E_s^{\text{exp},i}] \quad (14)$$

$$188 \quad \sum E_s^{\text{exp}} = E_s^{\text{exp,tot}} \quad (15)$$

$$189 \quad v_{bio} = \mu. \quad (16)$$

190 The resulting enzyme usage distribution, $\mathbf{E}_s^{\text{exp}}$, was then defined as the baseline for
 191 each sample of each proteomics experiment. We compared the predicted \mathbf{E}_s values from the
 192 four variants of PARROT to $\mathbf{E}_s^{\text{exp}}$ by calculating the Pearson correlations of each sample.
 193 Further, we calculated the root-median square error (RMdSE) to measure the difference
 194 between predicted and baseline values. For assessing both correlations and the RMdSE, we
 195 log10-transformed the values for the predictions and the baseline.

196 We also performed a robustness analysis to check the effect of using the minimization
 197 of the second norm in constructing a baseline. In addition, we compared the predictions of
 198 our approaches to those obtained using an extension of parsimonious enzyme usage FBA

199 (pFBA) [33] to consider enzyme constraints. To this end, for each sample of each
 200 experiment, we defined the optimization problem as:

$$201 \quad \min \sum_{j=1}^m v_{j,s,irrev} \quad (17)$$

$$202 \quad \text{s. t. } \mathbf{N}_{s,irrev} \cdot \mathbf{v}_{s,irrev} = \mathbf{0} \quad (18)$$

$$203 \quad 0 \leq \mathbf{v}_{s,irrev} \leq \mathbf{v}_{s,irrev,max} \quad (19)$$

$$204 \quad v_{s,irrev,j} \leq k_{cat}^{ij} \cdot [E_{s,i}] \quad (20)$$

$$205 \quad \sum E_s = E_s^{tot} \quad (21)$$

$$206 \quad v_{bio} = \mu, \quad (22)$$

207 where $v_{j,s,irrev}$ corresponds to the flux distribution of an irreversible model in a non-optimal
 208 growth condition. We also assessed a modified version of pFBA with enzyme constraints
 209 with the following objective:

$$210 \quad \min \sum_{j=1}^m E_{s,i} \cdot k_{cat}^{ij} \quad (23)$$

211 For pFBA and the modified implementation, we applied the same constraints on
 212 nutrient uptake rates and growth rates as for the four approaches assessed previously, and
 213 calculated the Pearson correlations and the RMdSE. Lastly, as a negative control to
 214 benchmark the performance of PARROT, we equated $E_{s,i}$ to k_{cat}^{ij} , meaning that k_{cat} values
 215 we used directly as the enzyme usage. We calculated the correlation values and RMdSE for
 216 all assessed optimization problems and compared them to the predictions of pFBA and its
 217 modified implementation using a Pairwise Wilcoxon rank sum test with Bonferroni
 218 correction.

219

220 **Assessment of optimal values for the λ weighting factor**

221 To systematically assess the impact of different lambda values, we optimised the LP2 and
222 QP2 variants using λ values ranging from 0 (no fluxes used) to 1 (fluxes and enzyme usages
223 equally considered). Additionally, we optimised the LP2 and QP2 variants using λ values
224 ranging from 0.1 to 1 in order to make sure fluxes are always used for the objective function.
225 In both scenarios, we calculated the Pearson correlation to the baseline for each λ value. We
226 determined the optimal λ value as the value that outputs predictions with the highest Pearson
227 correlation when compared to the first norm baseline.

228

229

230 **Results**

231 **PARROT successfully captures protein allocation changes in yeast**

232 We used PARROT to predict the enzyme usage distribution for 19 growth conditions under
233 constraints provided by experimental data. First, we built a baseline for comparison with
234 predictions from PARROT (Figure 1). To this end, we integrated the experimental
235 proteomics measurements obtained from Lahtvee et al. [24], Yu et al. [25], Di Bartolomeo et
236 al. [26], and Yu et al. [27] (Table S1) in the ecYeast8 model and minimized the enzyme
237 allocation (Methods). The resulting allocation of enzymes $\mathbf{E}_s^{\text{exp}}$ included 286 to 336 enzymes
238 with abundance in all considered conditions. For the reference condition, we used the
239 experimental proteomics measurements from optimal (control) growth conditions in the
240 respective four groups of experiments, after flexibilization following GECKO 2.0 (see
241 Methods) (Table S1). The number of enzymes contained in \mathbf{E}_{ref} ranged from 533 to 744,
242 depending on the investigated control sample.

243 With the resulting enzyme allocation at the reference and the baseline of a suboptimal
244 condition, \mathbf{E}_{ref} and $\mathbf{E}_s^{\text{exp}}$, we used the four variants of PARROT (see Methods) to predict the

245 enzyme allocation, \mathbf{E}_s , for the suboptimal condition. The number of enzymes contained in the
246 predicted \mathbf{E}_s ranged from 18 to 336 over the considered experiments. When comparing the
247 median of the calculated Pearson correlations between the baseline and predicted enzyme
248 allocation correlations, we found that all PARROT variants achieved a higher median
249 correlation when compared to pFBA and its modified implementation, except for the
250 minimization of the Euclidean distances considering fluxes (Figure 2a, see QP2, Methods).
251 We also evaluated the RMdSE between predictions and the baselines, and observed that the
252 minimization of the Euclidean distance considering fluxes (QP2, Methods) resulted in a
253 median error comparable to pFBA and its modified implementation, EsKcat (see Methods)
254 (Figure 2b). Further, all PARROT variants outperformed the null model, where k_{cat} values
255 are used directly as the enzyme usage. Taken together, the results demonstrated that
256 PARROT achieved good predictive performance based on the data from *S. cerevisiae*.

257

258 **Different variants of PARROT outperformed contending methods for *E. coli***

259 To verify if the conclusions from PARROT hold in another unicellular model organism, we
260 applied it to predict enzyme allocation \mathbf{E}_s in suboptimal conditions for *E. coli* given
261 constraints provided by growth experiments. As in the case of *S. cerevisiae*, we built a
262 baseline for comparison with the predictions obtained from PARROT by integrating the
263 experimental proteomics measurements from Valgepea et al. [29], Peebo et al. [30] and
264 Schmidt et al. [31] (Table S2) in the eciML1515 model, and minimized the total enzyme
265 allocation (see Methods). The resulting $\mathbf{E}_s^{\text{exp}}$ included protein allocation for 164 to 176
266 enzymes. Further, as reference condition we considered the control samples or the chemostat
267 measurements with the smallest dilution rate (Table S2). The number of enzymes contained
268 in \mathbf{E}_{ref} ranged from 152 to 188 depending on the control experimented used.

269 The prediction of \mathbf{E}_s distributions and their assessment were similar to *S. cerevisiae*,
270 with the number of predicted values ranging from 19 to 141. After performing a comparison
271 of Pearson correlations between variants of PARROT, pFBA and its modified
272 implementation, EsKcat (see Methods), we found that different variants outperformed pFBA.
273 Both minimizations of the Manhattan distance, with or without metabolic fluxes (LP1 and
274 LP2, Methods), exhibited significantly higher median correlations compared to pFBA (p-
275 value = $1.24 \cdot 10^{-13}$ and $6.2 \cdot 10^{-14}$ for Pearson correlations respectively, pairwise Wilcoxon rank
276 sum test) (Figure 3a). Another variant with a significant difference to pFBA was the
277 minimization of the Euclidean distance of enzyme usages (QP1, Methods). Regarding the
278 RMdSE, the minimization of the weighted sum of the Euclidean distance of enzyme usage
279 and Euclidean distance of flux distributions outperformed the other PARROT variants. As
280 with *S. cerevisiae*, PARROT outperformed the null model in all comparisons. These findings
281 demonstrated that PARROT is applicable with data from another microorganism without
282 decrease in performance.

283

284 **Robustness analysis shows the consistency of prediction from PARROT**

285 To further evaluate the predictions made by PARROT, we investigated how the usage of a
286 baseline constructed by minimizing the second norm of the vector $\mathbf{E}_s^{\text{exp}}$ impacts the
287 comparisons. To this end, we repeated all comparisons as performed for a baseline
288 constructed by minimizing the first norm, using the predicted \mathbf{E}_s obtained by the PARROT
289 variants. Importantly, the results were consistent between the two baseline approaches. For *S.*
290 *cerevisiae*, the minimization of the weighted sum of the Manhattan distance of enzyme usage
291 and Manhattan distance of flux distributions (LP2, Methods) was the variant that achieved the
292 highest mean Pearson correlations than pFBA and its modified implementation (Figure S1).

293 For the RMdSE, all PARROT variants had errors comparable to the positive controls (Figure
294 S2). As observed for comparisons using the first norm baseline, all PARROT variants
295 outperformed the null model.

296 The comparisons performed using predictions obtained for *E. coli* were also
297 consistent with different variants of PARROT that outperformed pFBA. Considering the
298 Pearson correlations, the minimization of the Manhattan distance (LP1, Methods) and the
299 minimization of the weighted sum of the Manhattan distance of enzyme usage and Manhattan
300 distance of flux distributions (LP2, Methods) also had the highest median correlations and
301 were significantly different to pFBA. Likewise, these PARROT variants also had a
302 significant difference to EsKcat, the modified implementation of pFBA (Figure S3). The
303 comparison of RMdSE values were also consistent, as the errors were comparable to the
304 positive controls (Figure S4). Altogether, these results highlight the robustness of estimations
305 of \mathbf{E}_g obtained from PARROT.

306

307 **Proteome-aware minimalization is more relevant than minimization of flux distances**

308 We assessed the impact of different λ values ranging from 0 (no fluxes used) to 1 (fluxes and
309 enzyme usages equally considered). We also considered a scenario of λ values ranging from
310 0.1 to 1 in order to probe different solutions where metabolic fluxes are always considered.
311 We considered λ value to be optimal if it resulted in the highest Pearson correlation to the
312 baseline. In the first scenario, for both *S. cerevisiae* and *E. coli* the most frequent optimal λ
313 was 0, with decreasing correlation values as λ values increased (Figure 4a, 4c). In the second
314 scenario, the optimal λ values were more equally distributed, with *S. cerevisiae* having a
315 higher frequency of lower values (Figure 4b). For *E. coli*, lower λ values were also frequent,
316 while also having a λ of 1 slightly more frequent than a λ of 0.2 (Figure 5d). Taken together,

317 these results indicate that the problem of minimizing enzyme usage contributes more to
318 predictions than minimizing metabolic fluxes.

319

320

321 **Discussion**

322 Here we proposed a family of constraint-based approaches, termed PARROT, that address the
323 problem of predicting reallocation of protein abundance from an optimal condition to a
324 suboptimal condition. PARROT is based on the principle that organisms tend to minimally
325 adjust cellular physiology between growth conditions to make effective use of resources [18].
326 The predictions of enzyme allocation generated by PARROT rely on quantitative proteomics
327 data for a reference condition. The resulting optimization problems constructed are thus similar
328 to MOMA, which depends on a model representing a wild-type strain to predict a minimally
329 adjusted flux distribution for a mutant strain.

330 By comparing the predictions to a baseline constructed with experimental proteomics
331 measurements for suboptimal conditions, we found that PARROT predicted protein
332 abundances with very good agreement with the baseline. In addition, we demonstrated that
333 these predictions were consistent and robust to how the baseline is constructed. The
334 performance of PARROT also holds for two model organisms, *S. cerevisiae* and *E. coli*,
335 highlighting the general application of the principle of minimal protein adjustment on which
336 the predictions are based.

337 From the different variants of PARROT, the minimization of the Manhattan distance
338 (LP1) and the minimization of the weighted sum of the Manhattan distance of enzyme usage
339 and Manhattan distance of flux distributions (LP2) were the best contenders. The variants QP1
340 and QP2 – that minimizes Euclidean distances instead of Manhattan distances – resulted in

341 good but also inconsistent performance between *S. cerevisiae* and *E. coli*. This agrees with the
342 fact that the first norm distance is the natural metric for enzyme abundances in the cell, because
343 a change in enzyme concentration requires ribosomal activity that scales linearly with the
344 enzyme abundance [34].

345 The baseline approach devised to assess the predictions allows for a fair comparison
346 between the predicted enzyme usage distribution and the experimental protein abundance
347 values. In constraining the pcGEMs using the proteomics measurements, the experimental
348 values are first readjusted to match the enzyme levels that actually carry flux in the model,
349 since more protein is produced than actually needed by the cell [35]. This, however, implies
350 that the predicted values are not directly comparable to experimental proteomics values, which
351 affect the determined measures of performance. By adjusting the experimental values to levels
352 that are compatible with what is actually employed to carry metabolic flux, we could more
353 adequately assess the correlation with enzyme allocation predicted from the pcGEMs, albeit
354 losing the direct correspondence to experimental data.

355 The parameter λ is a factor that weights the usage of metabolic fluxes for the
356 optimisation problem. By varying this value between 0 and 1, we could assess how much the
357 minimization of metabolic fluxes contributes to the problem of predicting enzyme usage. A λ
358 value of 0 would render the variants LP2 and QP2 equivalent to LP1 and QP1, respectively, as
359 metabolic flux would be neglected in the optimal solutions. A λ value of 1, in the other hand,
360 renders LP2 and QP2 as equivalent to using a pcGEM with the canonical implementation of
361 MOMA, which considers all fluxes equally. When the two PARROT variants are free to vary
362 λ between 0 and 1, there is a strong preference for lower λ values. When constraining λ to a
363 value between 0.1 and 1, higher values of λ are present but still not more prevalent than lower
364 values of λ . This suggests that the joint minimization of fluxes and enzymes is not a principle

365 of flux redistribution, and the principle is guided by minimization of resource redistribution, as
366 best captured by LP1 and QP1, and by LP2 and QP2 with low values of λ . Thus, by being
367 proteome-aware, PARROT is better suited for simulations using pcGEMs than the quadratic
368 and linear implementations of MOMA, given that higher participation of metabolic fluxes
369 lowers the overall predictive performance. Altogether, we demonstrated that minimizing the
370 readjustment of enzyme resource allocation is one principle underpinning microbial adjustment
371 to a suboptimal condition. Thus, PARROT may allow for study and engineering of microbial
372 cell factories, as these are often under suboptimal growth conditions in industrial settings [36].

373 Despite the advantages of using a baseline, predictions of enzyme levels using Eq. (1)
374 still underestimates protein abundance, leading to a disparity between predictions and *in vivo*
375 concentrations. This remaining portion of proteins, termed the “proteome reserve”, is useful
376 for the cell to quickly adapt to unstable environments, being an evolutionary conserved strategy
377 [37]. It is important to highlight, though, that this reasoning does not assume that cells are
378 operating at the saturation point for all metabolites, but rather that enzymes are used
379 inefficiently. If enzymes are operating near V_{max} , then enzymes would be the only cellular
380 components that exert control on metabolic fluxes. As noted by Hackett et al. [38], however,
381 is that cell overexpress enzymes and uses metabolite concentrations to control metabolic flux.
382 This falls in line with the evolutionary conservation of protein stoichiometries at the pathway
383 level as demonstrated by Lalanne et al. [39]. Although it is still not understood how preferred
384 enzyme stoichiometry is determined, it was observed that the preferred range of enzyme
385 stoichiometry follows a narrow distribution among pathways in Gram-positive and -negative
386 bacteria, likely a result of evolutionary conservation or convergence. As suggested in the study,
387 protein biosynthesis and consequently its usage is bound to a cost-benefit trade-off, where the
388 optimal level of enzymes is balanced with the need for a buffer zone in case of changing

389 environments. Similar to our approach, the works of Mori et al. [37] and Lalanne et al. [39]
390 deals with proteome reallocation in a suboptimal growth condition. However, the first deals
391 with proteome sectors, while the latter concerns with pathway-centric stoichiometries. Our
392 approach thus differs as we consider protein reallocation for each enzyme individually.

393 Nevertheless, other approaches for estimating *in vivo* protein concentrations would still
394 need to overcome the underestimating capacity of pcGEMs, especially by considering the
395 proteome reserve. These approaches could include features such as cellular machinery beyond
396 enzymes that participate in metabolism, or by integrating constraint-based approaches with
397 data-driven approaches.

398

399

400 **CRedit authorship contribution statement**

401 **Mauricio Ferreira:** Conceptualization, Methodology, Software, Investigation, Validation,
402 Writing - Original Draft, Writing - Review & Editing. **Wendel Silveira:** Conceptualization,
403 Writing - Original Draft, Writing - Review & Editing, Supervision, Project administration,
404 Funding acquisition. **Zoran Nikoloski:** Conceptualization, Writing - Original Draft, Writing -
405 Review & Editing, Supervision, Project administration, Funding acquisition.

406

407 **Competing interests**

408 The authors have declared no competing interests.

409

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414

415 **Data availability**

416 All data and code are publicly available in the GitHub repository:

417 (<https://github.com/mauricioamf/PARROT>)

418

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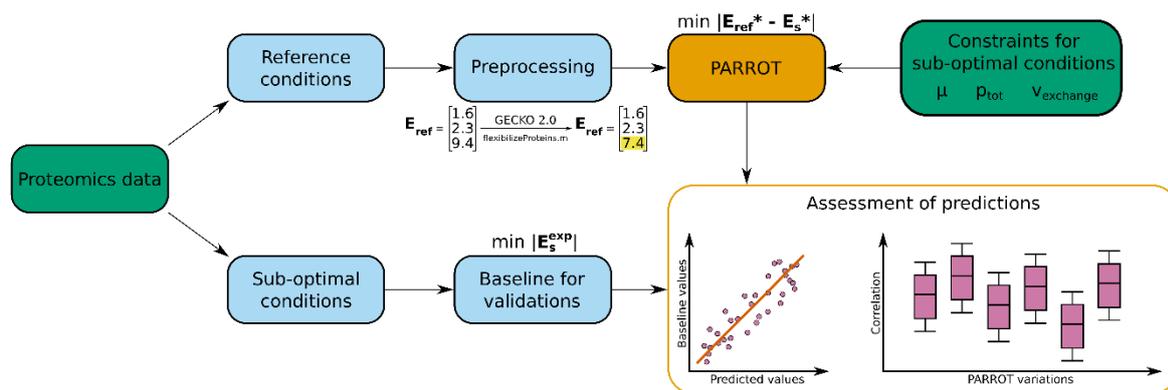
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575 **Figures**

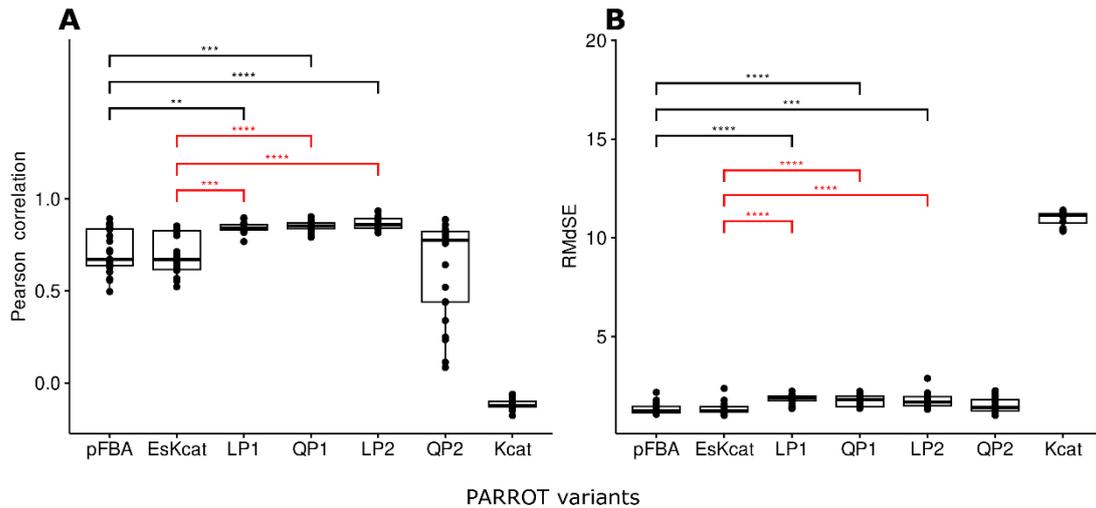


576

577 **Figure 1. Workflow of PARROT to predict enzyme usage for suboptimal growth**
 578 **conditions.**

579 PARROT uses experimental proteomics data from an optimal growth condition as a reference
 580 point, and experimental physiological parameters from a suboptimal growth condition in a
 581 protein-constrained model. The proteomics data from the reference state is pre-processed by
 582 integrating the data in a pcGEM using the GECKO Toolbox 2 and flexibilising its values.
 583 The proteomics data from the suboptimal state is used to generate a baseline, which is in turn
 584 used for comparison with predictions from the PARROT variants.

585



586

587 **Figure 2. Comparative performance analysis of PARROT with proteomics data from *S.***

588 *cerevisiae*.

589 All protein abundance values were log10-transformed prior to comparisons. **a.** Pearson

590 correlation calculated between predicted enzyme distribution and the baseline obtained from

591 minimizing the first norm of the experimental enzyme usage distribution. The four variants of

592 PARROT are denoted as LP1 (Manhattan distance of enzyme distributions), LP2 (weighted

593 Manhattan distance, considering flux and enzyme distributions), QP1 (Euclidean distance of

594 enzyme distributions), and QP2 (weighted Euclidean distance of flux and enzyme

595 distributions). The performance of PARROT was compared to pFBA and its modified

596 version EsKcat (first norm of enzyme usage), see Methods. A pairwise Wilcoxon rank sum

597 assesses the statistical significance: **** p-value $< 1 \cdot 10^{-5}$, *** p-value $< 2 \cdot 10^{-4}$, ** p-value $<$

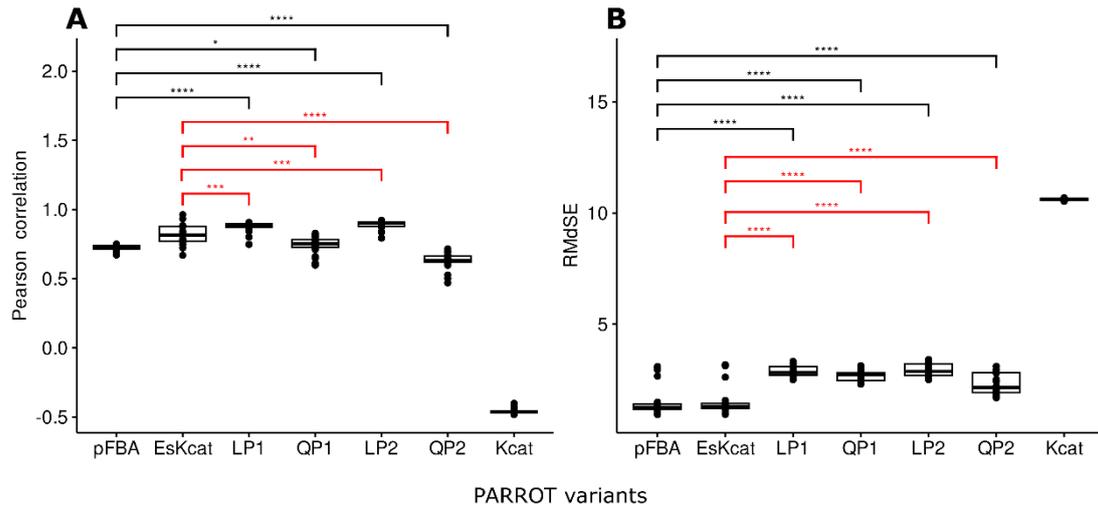
598 $5 \cdot 10^{-4}$. **b.** Assessment of model performance based on the root median squared error

599 (RMdSE). A pairwise Wilcoxon rank sum assesses the statistical significance: **** p-value $<$

600 $9 \cdot 10^{-6}$, *** p-value $< 2 \cdot 10^{-5}$. Black significance bar indicates comparisons to pFBA. Red

601 significance bar indicates comparison to EsKcat.

602



603

604 **Figure 3. Comparative performance analysis of PARROT with proteomics data from *E.***

605 *coli*.

606 All protein abundance values were log10-transformed prior to comparisons. **a.** Pearson

607 correlation calculated between predicted enzyme usage distribution and the baseline obtained

608 from minimizing the first norm of the experimental enzyme usage distribution. A pairwise

609 Wilcoxon rank sum assesses the statistical significance: **** p-value $< 2 \cdot 10^{-11}$, *** p-value $<$

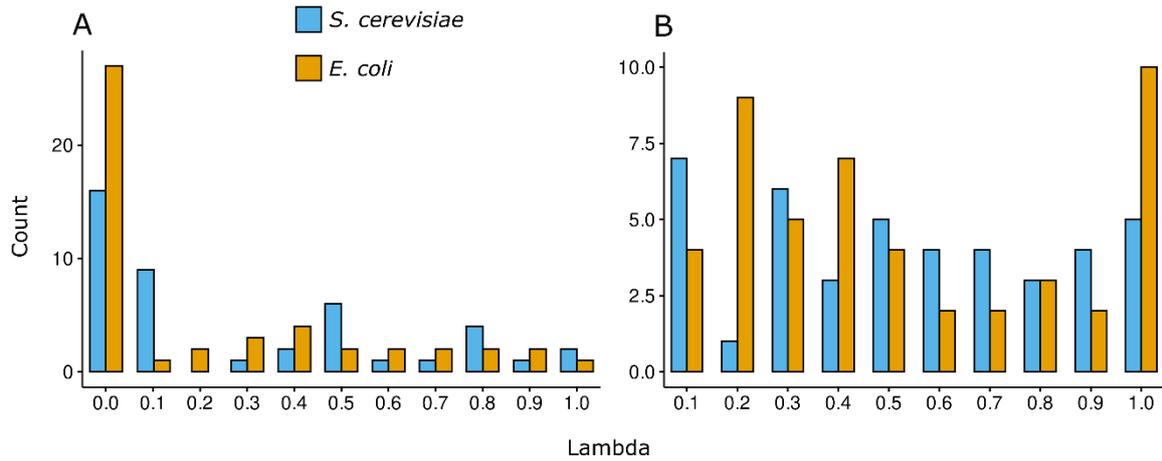
610 $2 \cdot 10^{-4}$, ** p-value $< 6 \cdot 10^{-3}$, * p-value $< 3 \cdot 10^{-2}$. **b.** Assessment of model performance based on

611 the RMdSE in *E. coli*. A pairwise Wilcoxon rank sum assesses the statistical significance:

612 **** p-value $< 1 \cdot 10^{-5}$. Black significance bar indicates comparisons to pFBA. Red

613 significance bar indicates comparison to EsKcat.

614



615

616 **Figure 4. Optimal λ values across conditions and PARROT variants.**

617 The optima λ value was determined by optimising the LP2 and QP2 variants and finding the
 618 value that outputs predictions with the highest Pearson correlation when compared to the
 619 baseline. Blue bars correspond to *S. cerevisiae*, and orange bars correspond to *E. coli*. **a.**

620 Number of occurrences of an optimal λ value in a range of 0 to 1. Note that a λ value of zero
 621 means that no fluxes are used for the objective, being equivalent to the LP1 and LP2 variants.

622 **b.** Number of occurrences of an optimal λ value in a range of 0.1 to 1. In this scenario, fluxes
 623 are always used for the objective.