**TABLE 1.** Maternal demographic characteristics and pregnancy outcomes of the study participants (N=925)

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| --- | --- |
| **Variables** |  |
| Maternal age (years) | 34.0 (31.0-37.0) |
| Maternal height at booking (cm) | 165.0 (160.0-170.0) |
| Maternal weight at booking (kg) | 65.0 (59.0-73.7) |
| Maternal body mass index at booking (kg/m2) | 23.6 (21.5-26.8) |
| Maternal ethnicity, n (%)  White European  Black African Origin  East Asian  South Asian  Other | 631 (68.2)  72 (7.8)  84 (9.1)  55 (5.9)  83 (9.0) |
| Smoking  Yes  No | 21 (2.3)  904 (97.7) |
| Previous hypertensive disorders of pregnancy  Yes  No | 25 (2.7)  900 (97.3) |
| Method of conception  Spontaneous  Assisted reproductive technology | 608 (65.7)  317 (34.3) |
| Parity  Nulliparous  Parous | 578 (62.5)  347 (37.5) |
| Chorionicity  Dichorionic  Monochorionic | 765 (82.7)  160 (17.3) |
| Gestational age at first haemoglobin (weeks) | 10.7 (9.7-12.0) |
| First haemoglobin  Raw values (g/L)  Adjusted first haemoglobin (g/L) | 124.0 (117.0-130.0)  131.3 (124.7-137.3) |
| Gestational age at second haemoglobin (weeks) | 28.1 (27.6-28.6) |
| Second haemoglobin (g/L) | 104.0 (104.0-117.0) |
| Gestational age at delivery (weeks) | 36.6 (35.3-37.3) |
| Pre-eclampsia in this pregnancy  Yes  No | 133 (14.4)  792 (85.6) |
| Mode of delivery  Vaginal delivery  Caesarean section  Vaginal delivery and Caesarean section | 161 (17.4)  738 (79.8)  26 (2.8) |
| Twin 1  Birthweight (gr)  Birthweight percentile  Small for gestational age, n (%)  Sex  Male | 2466 (2160-2750)  15.3 (3.6-37.2)  363 (39.2%)  450 (48.6) |
| Twin 2  Birthweight (gr)  Birthweight percentile  Small for gestational age, n (%)  Sex  Male | 2420 (2080-2703)  10.2 (1.9-30.9)  460 (49.7)  461 (49.8) |

Data are presented as median (interquartile range) or n (%), as indicated.