

Table 1: Characteristics of patients with chronic kidney disease who completed baseline and follow-up sessions

	Prototype (N=22)	
	N (%)	Mean \pm SD
Sex		
Female	7(31.82)	
Male	15 (68.18)	
Age (yr)		51.32 \pm 8.65
HD time (yr)		4.36 \pm 2.56
BMI (kg/m ²)		24.77 \pm 4.33
MIP (cmH ₂ O)		68.32 \pm 27.85
MEP (cmH ₂ O)		73.14 \pm 32.37
6-MWD (meters)		354.91 \pm 101.68
Dyspnea (scores)		3.96 \pm 0.95