

**Table 1.** Baseline characteristics of groups<sup>a</sup>.

	Group 1: ESWT plus Kinesio taping (n=15)	Group 2: ESWT plus Sham-Kinesio taping (n=14)	Group 3: ESWT (n=15)	P value
Age <sup>1</sup> (mean ± SD, years)	50.1±6.7	51.0±9.6	53.6±11.3	.68
BMI <sup>1</sup>	32.6±4.0	30.4±5.7	32.4±4.2	.36
Gender <sup>2</sup> (F/M)	12/3	10/4	12/3	.82
Pain duration <sup>2</sup> <sub>n, (%)</sub>				.11
<1 month	0 (0.0%)	2 (14.3%)	1 (6.7%)	
1-2 months	6 (40.0%)	4 (28.6%)	5 (33.3%)	
2-4 months	3 (20.0%)	4 (28.6%)	4 (26.7%)	
4-6 months	6 (40.0%)	4 (28.6%)	5 (33.3%)	
Morning pain <sup>2</sup> <sub>n, (%)</sub>				.45
<30 sec	1 (6.7%)	0 (0.0%)	0 (0.0%)	
30 sec – 1 min	1 (6.7%)	0 (0.0%)	0 (0.0%)	
1 - 3 min	3 (20.0%)	6 (42.9%)	7 (46.7%)	
> 3 min	10 (66.7%)	8 (57.1%)	8 (53.3%)	
Symptomatic Side <sup>2</sup> (R/L)	10 / 5	8 / 6	9 / 6	.86
VAS <sup>1</sup>	8.3±1.5	7.8±2.0	7.6±1.6	.45
Heel tenderness index <sup>1</sup>	2.0±0.7	2.1±0.8	2.2±0.8	.71
FFI Total <sup>1</sup>	66.1±11.4	58.1±19.6	68.5±11.0	.29
FFI Pain <sup>1</sup>	77.7±12.5	72.6±15.7	79.9±7.7	.23
FFI Disability <sup>1</sup>	72.7±15.2	62.5±22.0	72.7±13.0	.46
FFI Activity limitation <sup>1</sup>	37.6±13.1	34±19.4	46.0±20.4	.34
<sup>a</sup> Values are presented as mean ± SD for continuous variables, frequency (%) for categorical variables. <i>BMI</i> Body mass index, <i>FFI</i> Foot Function Index, <i>n</i> Number of the patients, <i>VAS</i> Visual Analog Scale <sup>1</sup> Kruskal Wallis Test, <sup>2</sup> Chi square test				