**Table 3.** Pittsburgh Sleep Quality Score among the elderly with and without chronic pain.

|  |  |  |  |
| --- | --- | --- | --- |
| **Components** | **History of chronic pain (n = 54)** | **No history of chronic pain (n = 77)** | **p** |
| Subjective sleep quality | 1.08 ± 0.9 | 2.07 ± 0.8 | < 0.01 |
| Sleep latency | 1.27 ± 0.9 | 2.15 ± 0.9 | < 0.01 |
| Sleep duration | 1.69 ± 0.8 | 2.24 ± 0.7 | < 0.01 |
| Usual sleep efficiency | 1.79 ± 0.8 | 2.0 ± 0.9 | < 0.04 |
| Sleep disorders | 1.99 ± 0.8 | 2.39 ± 0.7 | < 0.01 |
| Use of sleeping medication | 0.26 ± 0.2 | 0.54 ± 0.6 | < 0.01 |
| Dysfunction during the day | 1.47 ± 0.7 | 1.8 ± 0.6 | < 0.01 |
| Global score | 9.57 ± 2.7 | 12.7 ± 2.7 | < 0.01 |

**Note:** PSQI = Pittsburgh Sleep Quality Score; ns = not significant.