

HB-EGF-loaded nanovesicles enhance trophectodermal spheroid attachment and invasion

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Abstract

The ability of trophectodermal cells (outer layer of the embryo) to attach to the endometrial cells and subsequently invade the underlying matrix are critical stages of embryo implantation during successful pregnancy establishment. Extracellular vesicles (EVs) have been implicated in embryo-maternal crosstalk, capable of reprogramming endometrial cells towards a pro-implantation signature and phenotype. However, challenges associated with EV yield and direct loading of biomolecules limit their therapeutic potential. We have previously established generation of cell-derived nanovesicles (NVs) from human trophectodermal cells (hTSCs) and their capacity to reprogram endometrial cells to enhance adhesion and blastocyst outgrowth. Here, we employed a rapid NV loading strategy to encapsulate potent implantation molecules such as HB-EGF (NVHBEGF). We show these loaded NVs elicit EGFR-mediated effects in recipient endometrial cells, activating kinase phosphorylation sites that modulate their activity (AKT S124/129, MAPK1 T185/Y187), and downstream signalling pathways and processes (AKT signal transduction, GTPase activity). Importantly, they enhanced target cell attachment and invasion. The phosphoproteomics and proteomics approach highlight NVHBEGF-mediated short-term signalling patterns and long-term reprogramming capabilities on endometrial cells which functionally enhance trophectodermal-endometrial interactions. This proof-of-concept study demonstrate feasibility in enhancing the potency of NVs in the context of embryo attachment and establishment.

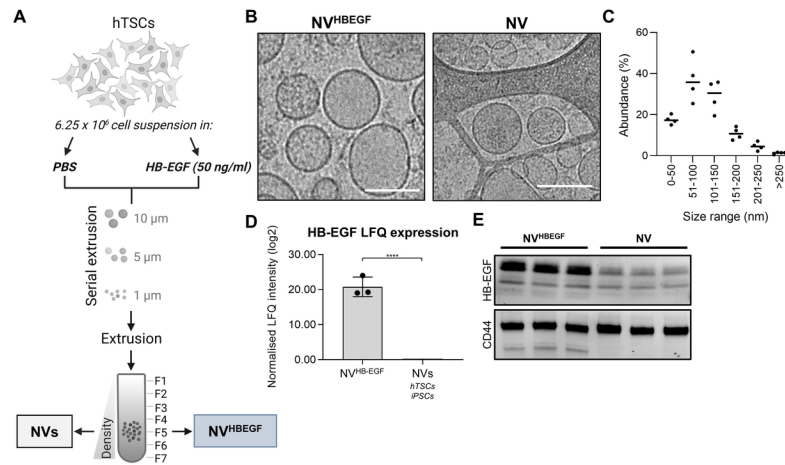


Figure 1. Production and characterisation of NV^{HBEGF}

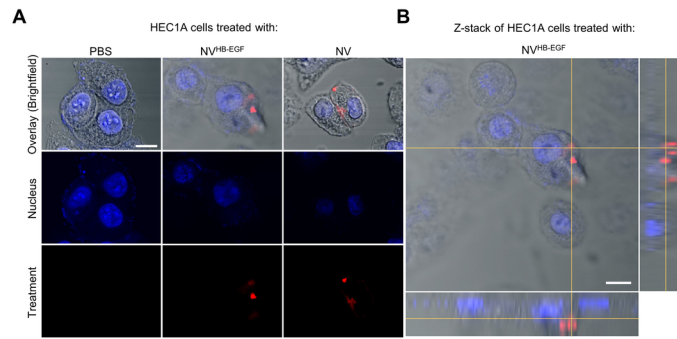


Figure 2. Uptake of NV^{HB}-EGF and NVs by endometrial HEC1A cells

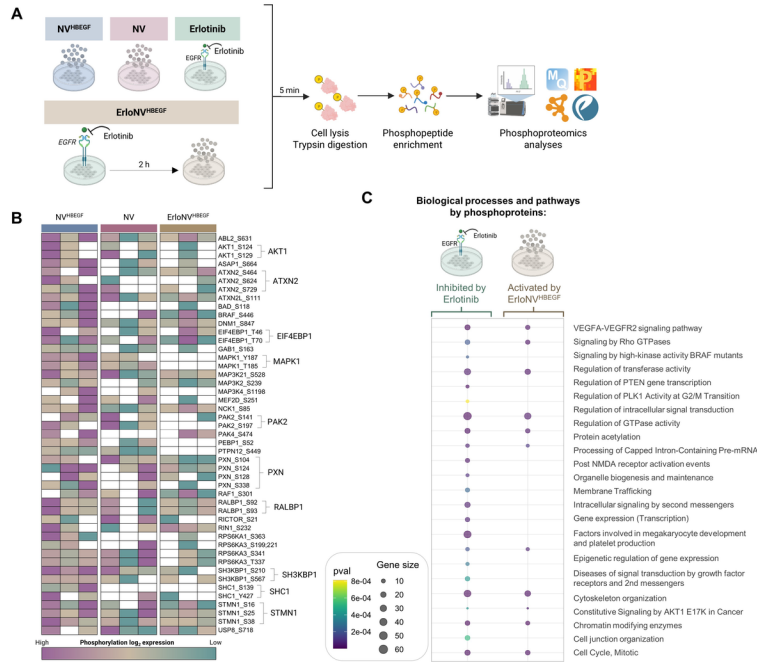


Figure 3. NV^{HBEGF} remodel the phosphoproteome landscape in HEC1A endometrial cells

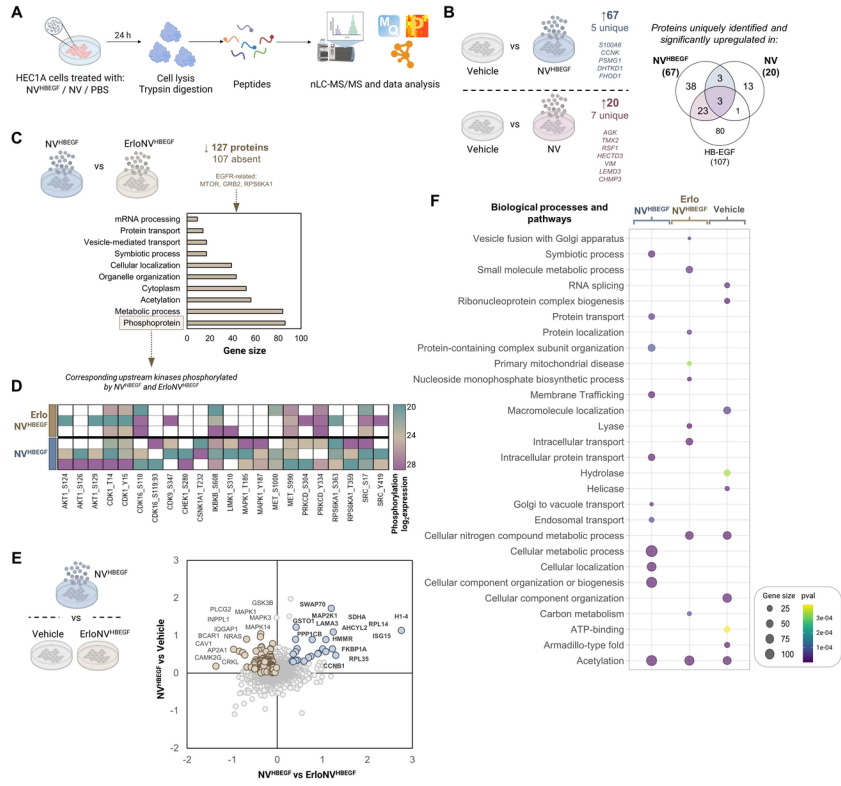


Figure 4. NV^{EGF} remodel the proteome landscape and EGFR signaling network at the time of implantation

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22
23 **Keywords**

24 Nanovesicles, proteomics, phosphorylation, signalling, embryo-endometrial crosstalk

26 **Abstract**

27

28 The ability of trophoctodermal cells (outer layer of the embryo) to attach to the endometrial cells and
29 subsequently invade the underlying matrix are critical stages of embryo implantation during successful
30 pregnancy establishment. Extracellular vesicles (EVs) have been implicated in embryo-maternal
31 crosstalk, capable of reprogramming endometrial cells towards a pro-implantation signature and
32 phenotype. However, challenges associated with EV yield and direct loading of biomolecules limit their
33 therapeutic potential. We have previously established generation of cell-derived nanovesicles (NVs)
34 from human trophoctodermal cells (hTSCs) and their capacity to reprogram endometrial cells to
35 enhance adhesion and blastocyst outgrowth. Here, we employed a rapid NV loading strategy to
36 encapsulate potent implantation molecules such as HB-EGF (NV^{HBEGF}). We show these loaded NVs
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38 modulate their activity (AKT S124/129, MAPK1 T185/Y187), and downstream signalling pathways
39 and processes (AKT signal transduction, GTPase activity). Importantly, they enhanced target cell
40 attachment and invasion. The phosphoproteomics and proteomics approach highlight NV^{HBEGF}-
41 mediated short-term signalling patterns and long-term reprogramming capabilities on endometrial cells
42 which functionally enhance trophoctodermal-endometrial interactions. This proof-of-concept study
43 demonstrates feasibility in enhancing the functional potency of NVs in the context of embryo
44 implantation.

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46

47 **Significance statement**

48

49 Nanosized extracellular vesicles and a plethora of growth factors (i.e., HB-EGF) are critical signalling
50 mediators during embryo implantation to the maternal endometrium – a cardinal event of pregnancy
51 establishment. This study highlights a rapid and scalable cell extrusion method to load HB-EGF into
52 trophoctodermal cell-derived nanovesicles (NV^{HBEGF}). We report, through phosphoproteomics and
53 proteomics analyses, NV^{HBEGF} short-term signalling and long-term reprogramming capabilities on
54 recipient endometrial cells, including but not limited to EGFR-mediated phosphorylation patterns,
55 downstream signalling events, and cellular processes intimately associated with embryo implantation
56 and endometrial receptivity. Importantly, the application of NV^{HBEGF} stimulated heightened
57 endometrial-trophoctodermal attachment, and trophoctodermal invasion – pivotal events in the early
58 stages of pregnancy. We have thus harnessed trophoctodermal NVs loaded with HB-EGF to orchestrate
59 multifaceted signalling and cellular events in endometrial cells crucial for pregnancy establishment.
60 Loaded NVs possess immense potential for therapeutic development and warrants further investigation.

61 **Introduction**

62

63 Embryo implantation is a multi-step process comprising blastocyst apposition and attachment to the
64 maternal endometrial epithelium by its outer trophectodermal layer and its subsequent invasion into the
65 underlying tissue for intrauterine development^[1-3]. Its failure accounts for ~75% of unsuccessful
66 pregnancy outcomes in Assisted Reproductive Technologies (ART)^[1-3], presenting a significant hurdle
67 for human reproduction. Paramount for successful implantation, reciprocal embryo-maternal
68 communication^[4, 5] mediated by secreted signalling players^[6-8] such as hormones (hCG^[9]), cytokines
69 (LIF^[10], IL-18^[11]), and growth factors (GM-CSF^[12], G-CSF^[13]) remains an ongoing topic of
70 investigation in reproductive biology, with efforts to develop them as diagnostic markers of uterine
71 receptivity or therapeutic supplements to enhance implantation success, extending into clinical trials.

72

73 Of increasing interest as a signalling modality are extracellular vesicles (EVs)^[14, 15]; membrane-bound
74 nanosized (30-1000 nm) vesicles that transport and deliver bioactive lipids, proteins, and genetic
75 material to recipient cells, reprogramming and altering their molecular signature and phenotype^[16-19].
76 Indeed, EVs from human embryos and trophectodermal cells (hTSCs) harbour critical regulators of
77 implantation that reprogram recipient endometrial proteome to enhance embryo-endometrial
78 attachment^[17]. However, their isolation procedures are tedious and time-consuming, prompting
79 investigation into an EV-like alternative; nanovesicles (NVs), generated by serial extrusion of parental
80 cells^[20-23]. From hTSCs, NVs displayed similar biophysical and functional properties to EVs,
81 significantly promoting trophectoderm-endometrial attachment and embryo outgrowth (*Proteomics, in*
82 *review*). As extrusion is recognised as an effective approach for drug loading into nanocarriers such as
83 EVs and liposomes (4-fold higher than passive methods)^[24], this methodology enables opportunities for
84 NV cargo modification. Indeed, loaded EVs and NVs are increasingly explored as fertility
85 therapeutics^[25, 26]. For example, human chorionic gonadotropin (hCG), a potent embryonic signal, was
86 loaded into uterine fluid EVs (UF-EV^{hCG}) and treated onto endometrial cells, enhancing their expression
87 of receptivity markers^[26]. Similarly, enrichment of NVs with known regulators of implantation may
88 enhance or confer specific functions while retaining certain influential characteristics of parental cells,
89 such as surface-expressed molecules that facilitate interaction with target recipient cells^[20, 27], or natural
90 composition of bioactive molecules that contribute to desired functional outcomes^[22, 23, 28].

91

92 Amongst the molecules investigated for facilitating embryo-maternal crosstalk that governs successful
93 implantation, heparin-binding EGF-like growth factor (HB-EGF)^[29-33] remains one of the longest-
94 standing and well-established. With potent embryotropic and endometrial reprogramming capabilities,
95 HB-EGF is secreted by both the developing blastocyst and the receptive endometrium; importantly,
96 both entities express its cognate receptors^[34], and are thus responsive to its role in mediating surface
97 interactions, and downstream signalling cascades. Indeed, EGFR, MAPK, and PI3K-AKT signalling

98 pathways and their associated processes are indispensable for successful embryo and endometrial
99 reprogramming^[35-37] during implantation and throughout pregnancy. In this study, we employed the
100 extrusion methodology to enrich hTSC NVs with HB-EGF (NV^{HBEGF}) and investigated the response of
101 low-receptive HEC1A endometrial recipient cells at a molecular level, including protein
102 phosphorylation changes and global proteome reprogramming. Further, we assessed NV^{HBEGF}
103 functional capacity to enhance trophoctodermal spheroid attachment on stimulated endometrial cells
104 and trophoctodermal spheroid invasion into Matrigel™.

105

106

107 **Materials and methods**

108

109 **Cell culture**

110 *Human trophoctodermal cells (T3-TSC)* (kind gift from Prof. Susan Fisher, UCSF) were derived from
111 individual blastomeres of donated human embryos.^[38] Cells were grown as a monolayer and routinely
112 maintained as described^[39] in DMEM/F12 (Gibco, Invitrogen) supplemented with 1% v/v Penicillin-
113 Streptomycin (P/S) and 10% v/v foetal calf serum (FCS, Gibco, Invitrogen), with addition of 10 ng/ml
114 bovine fibroblast growth factor (bFGF, R&D Systems) and 10 μM SB431542 (#1614, Tocris
115 Bioscience) to maintain a trophoctoderm-like state. Cells were grown on flasks coated with 0.5% gelatin
116 prior to experimental seeding and passaged using Trypsin-EDTA (Gibco). Spheroids were generated as
117 described^[39, 40] with slight modifications. T3-TSC cells were seeded at 1500 cells per well in an ultra-
118 low adhesion round-bottom 96-well plate in 100 μl of trophoctoderm medium and incubated for 72 h.

119

120 *HEC1A endometrial epithelial cells*

121 Human endometrial carcinoma HEC1A cells (HTB-112) were a kind gift from Professor Lois
122 Salamonsen purchased from American Type Culture Collection (ATCC; Rockville, MD). Endometrial
123 cells were routinely maintained in DMEM/F12 supplemented with 1% P/S, and 5% v/v FCS and
124 incubated at 37°C with 5% CO₂. Cells were routinely passaged using 0.5% v/v trypsin-EDTA (Gibco).
125 Prior to treatments used in this study, cells were cultured in basal media overnight comprising
126 DMEM/F12 supplemented with 0.6% insulin transferrin selenium (ITS, Gibco) and 1% v/v P/S.

127

128 **Generation of hTSC NVs and loaded NV^{HBEGF}**

129 NV^{HBEGF} generation and purification were performed as described^[20, 21, 28] with modifications (N=3).
130 Briefly, T3-TSC human trophoctodermal cells (approximately 6.25 x 10⁶ cells per T-75 flask) were
131 rinsed twice with PBS and detached with 10 mM EDTA (Sigma-Aldrich). The cell suspension was
132 pelleted at 500 g for 5 min and re-suspended in ice-cold PBS containing 50 ng/ml human recombination
133 human epidermal-like growth factor (HB-EGF) (#4266-50, Abcam). The cell suspension was
134 sequentially extruded through 10, 5, and 1 μm pore-sized polycarbonate membranes (Nuclepore,

135 Whatman Inc., Clifton, NJ, USA) thirteen times across each filter using a mini extruder system (Avanti
136 Polar Lipids, Birmingham, AL, USA). For unloaded NVs, the cell pellet was re-suspended in ice-cold
137 PBS prior to sequential extrusion. Extruded NV^{HBEGF} and NVs were subsequently isolated using 10%
138 OptiPrep™ (Stemcell Technologies) density cushion (step gradient formed by overlaying extruded
139 sample on 10% and 50% iodixanol) and centrifuged at 100 000 g for 2 h at 4°C. Seven equal fractions
140 were collected, diluted in PBS (to 1.5 ml), and ultracentrifuged at 100 000 g for 1 h at 4°C (TLA-55
141 rotor; Optima MAX-TL ultracentrifuge). NV^{HBEGF} and NVs pellets were resuspended in PBS and stored
142 in 1 µg/ul aliquots at -80°C until use.

143

144 **Co-culture attachment assay**

145 HEC1A endometrial epithelial cells were used to model a low-receptive endometrium^[41-44]. HEC1A
146 cells were seeded at confluency onto round-bottom 96-well plates before overnight culture in basal
147 media (DMEM/F12 supplemented with 1% v/v P/S), followed by a 24-h treatment with NV^{HBEGF} or
148 NVs (50 µg/ml), HB-EGF (50 ng/ml), PBS (volume matched), Erlotinib (20 nM), or sequential
149 Erlotinib (20 nM) for 2 h followed by NV^{HBEGF}. T3-TSC spheroids (1500 cells per spheroid, 1 spheroid
150 per well) were transferred to stimulated endometrial cells and allowed to attach for 1 h, after which the
151 media was aspirated and washed gently once with PBS. Spheroid adhesion (%) for each treatment was
152 calculated by: [(number of attached spheroids/number of seeded spheroids) x 100] (n=12, N=5).

153

154 **hTSC spheroid Matrigel invasion assay**

155 hTSC spheroid invasion assays were performed with growth factor reduced Matrigel™ matrix
156 (Corning) as previously described^[45]. Briefly, hTSC spheroids were suspended in 100 µl DMEM/F-12
157 media containing 1% (v/v) Pen/Strep, 0.1% ITS, and either NV^{HBEGF} or NVs (50 µg/ml), HB-EGF (50
158 ng/ml), PBS (volume matched), Erlotinib (20 nM), or sequential Erlotinib (20 nM) for 2 h followed by
159 NV^{HBEGF} (ErloNV^{HBEGF}). The spheroid suspension (2-3/well) was overlaid onto Matrigel™ in 8-well
160 microscopy chambers (Corning) and incubated for 24 h at 37°C. Subsequently, 50 µl media was
161 removed from each well, mixed 1:1 with Matrigel™, then gently overlaid back onto the spheroids.
162 Matrigel™ was then allowed to solidify for 30 min at 37°C prior to adding 200 µl of DMEM/F-12 [10%
163 (v/v) FBS, 1% (v/v) Pen/Strep] containing the treatments as above. After 72 h, spheroids were imaged
164 using Olympus FSX100. The extent of invasion (% increase) was quantified using ImageJ and
165 calculated by: [(outer—inner circumference)/(inner circumference) × 100]. Data presented as a box plot
166 was generated from individual points (n≥8) per treatment, providing the interquartile range and
167 minimum, median, and maximum values of each treatment.

168

169 **Protein quantification and western blotting**

170 All samples were lysed in 1% v/v sodium dodecyl sulphate (SDS), 50 mM triethylammonium
171 bicarbonate (TEAB), pH 8.0, incubated at 95 °C for 5 mins and quantified by microBCA assay (Thermo

172 Fisher Scientific) as described^[46]. Western blot sample buffer (4% w/v SDS, 20% v/v glycerol, and
173 0.01% v/v bromophenol blue, 0.125 M Tris-hydrochloride (Tris-HCl), pH 6.8) was added in a 1:1 v/v
174 ratio to lysed samples with 100 mM dithiothreitol (DTT, Thermo Fisher Scientific). Samples (10–20
175 µg) were resolved on Novex 4–12% Bis-Tris NuPAGE gels with MES running buffer at 150 V for 1
176 h. Proteins on the gel were electrotransferred onto nitrocellulose membranes using iBlot™ Dry 2.0
177 blotting system (Life Technologies) at 12 V for 8 min. The membranes were blocked with 5% w/v skim
178 milk powder in PBS-Tween (PBST) (0.137 M NaCl, 0.0027 M KCl, 0.01 M Na₂HPO₄, 0.0018 M
179 KH₂PO₄, 0.05% w/v Tween 20) for 30 min at room temperature. The membranes were washed and
180 probed with primary antibodies (1:1000 dilution) for 24 h at 4 °C in PBST. Primary antibodies used
181 include mouse monoclonal against CD44 (#119863, Abcam), and HB-EGF (#27450, Cell Signaling
182 Technology). Secondary antibodies used were: IRDye 800 goat anti-mouse IgG (#926-32210) or IRDye
183 680 goat anti-rabbit IgG (#926-68071) (1:15000, LI-COR Biosciences).

184

185 **Biophysical particle analysis**

186 Cryo-electron microscopy imaging (Tecnai G2 F30) of NV^{HBEGF} and NVs was performed as
187 described^[47]. Briefly, NVs (~1 µg protein) were transferred onto glow-discharged C-flat holey carbon
188 grids (ProSciTech Pty Ltd., Kirwan, Australia). Excess liquid was blotted, and grids were frozen in
189 liquid ethane. Grids were mounted in a Gatan cryoholder (Gatan, Inc., Warrendale, PA, USA) in liquid
190 nitrogen. Images were acquired at 300 kV using a Tecnai G2 F30 (FEI, Eindhoven, The Netherlands) in
191 low dose mode.

192

193 **Lipophilic dye labelling and uptake assay**

194 For NV staining (NV^{HBEGF} and NV), NVs were incubated with Vybrant™ DiI Cell-Labeling Solution
195 at 1:200 dilution (Invitrogen, V22885) at 1 µM concentration for 15 min at 37°C as described^[48].
196 Unbound dye was removed by subjecting labelled NVs (volume-matched DiI-PBS as label control) to
197 centrifugation at 100 000 g (1 h) on a 10% OptiPrep™ cushion. Pelleted DiI-NVs were resuspended in
198 50 µl of PBS. HEC1A cells grown to 70% confluency in 8-well glass chamber slide (Sarstedt) were
199 incubated with DiI-labelled NVs at 37°C for 2 h, then washed twice with PBS. Nuclei were stained with
200 Hoechst stain (10 µg/ml) for 10 min and fixed using 4% formaldehyde for 5 min and imaged with Nikon
201 A1R confocal microscope equipped with resonant scanner, using a 20x WI (1.2 NA); (Nikon, Tokyo,
202 Japan). Images were sequentially acquired. The XY image resolution was 1024 x 1024 at 0.033 FPS,
203 4x averaging, 2.4 dwell time. 3D images were taken by Z-stack of approximately 15 µm, 25 steps, at a
204 resolution of 1024 x 1024, 8x averaging 2.4 dwell time. NS studio was used to render images.

205

206 **Proteomics: solid-phase-enhanced sample preparation**

207 All samples, including NV^{HBEGF} and NVs (n=3), stimulated HEC1A cells for phosphoproteomics (n=3)
208 and global proteomics (n=4) were lysed in 1% v/v sodium dodecyl sulphate (SDS), 50 mM

209 triethylammonium bicarbonate (TEAB), pH 8.0, incubated at 95 °C for 5 mins and quantified by
210 microBCA (Thermo Fisher Scientific) as described^[46]. Proteomic sample preparation using single-pot
211 solid-phase-enhanced sample preparation (SP3)^[49] was performed on protein extracts (10 µg, 300 µg
212 for phosphoproteomics) as previously described^[17]. Briefly, samples were reduced with 10 mM DTT at
213 RT for 1 h (350 rpm), alkylated with 20 mM iodoacetamide (IAA) (Sigma-Aldrich) for 20 min at RT
214 (light protected), and quenched with 10 mM DTT. A Sera-Mag SpeedBead carboxylate-modified
215 magnetic particle mixture (1:1 hydrophilic and hydrophobic mix, 65152105050250, 45152105050250,
216 Cytiva) was added to protein extracts and incubated in 50% v/v ethanol for 10 min (1000 rpm) at RT.
217 Beads were sedimented on a magnetic rack to remove the supernatant. Beads were washed three times
218 with 200 µL 80% v/v ethanol, then resuspended in 100 µL 50 mM TEAB pH 8.0 and digested overnight
219 with trypsin (1:50 trypsin: protein ratio; Promega, V5111) at 37 °C, 1000 rpm. The peptide and bead
220 mixture were centrifuged at 20,000 g for 1 min at RT. Samples were then placed on a magnetic rack
221 and the supernatant was collected, acidified to a final concentration of 1.5% formic acid, frozen at -
222 80 °C for 20 min, and dried by vacuum centrifugation. Peptides were resuspended in 0.07%
223 trifluoroacetic acid (TFA), quantified by Fluorometric Peptide Assay (Thermo Fisher Scientific, 23290)
224 as per manufacturer's instructions, and normalised to 0.5 µg/µl with 0.07% TFA.

225

226 **Phosphopeptide enrichment**

227 Peptide digests from each HEC1A cell treatment group (n=3) were lyophilised by vacuum
228 centrifugation and reconstituted in Binding/Equilibration Buffer for phosphopeptide enrichment^[45]
229 using High-Select™ TiO₂ Phosphopeptide Enrichment kit (Thermo Fisher Scientific, A32993), as per
230 manufacturer's instructions. Briefly, peptide digests were transferred to a pre-equilibrated TiO₂ spin tip
231 and centrifuged twice at 1000 g, 5 min. The column was washed twice with binding/equilibration buffer
232 and subsequent wash buffer at 3000 g, 2 min, then with MS-grade water at 3000 g, 2 min.
233 Phosphopeptides were eluted in 100 µl phosphopeptide elution buffer by centrifugation at 1000 g, 5
234 min, dried by vacuum centrifugation, and reconstituted in 0.07% TFA before quantification by
235 Colorimetric Peptide Assay (ThermoFisher Scientific, #23275) as per manufacturer's instructions.

236

237 **Liquid Chromatography–Tandem Mass Spectrometry**

238 Peptides were analysed on a Dionex UltiMate NCS-3500RS nanoUHPLC coupled to a Q-Exactive HF-
239 X hybrid quadrupole-Orbitrap mass spectrometer equipped with a nanospray ion source in positive,
240 data-dependent acquisition mode as described^[50]. Peptides were loaded (Acclaim PepMap100 C18 5
241 µm beads with 100 Å pore-size, Thermo Fisher Scientific) and separated (1.9-µm particle size C18,
242 0.075 × 250 mm, Nikkyo Technos Co. Ltd) with a gradient of 2–80% acetonitrile containing 0.1%
243 formic acid over 110 min at 300 nL min⁻¹ at 55°C (in-house enclosed column heater). An MS1 scan
244 was acquired from 350–1,650 m/z (60,000 resolution, 3 × 10⁶ automatic gain control (AGC), 128 msec
245 injection time) followed by MS/MS data-dependent acquisition (top 25) with collision-induced

246 dissociation and detection in the ion trap (30,000 resolution, 1×10^5 AGC, 60 msec injection time, 28%
247 normalized collision energy, 1.3 m/z quadrupole isolation width). Unassigned precursor ions charge
248 states and slightly charged species were rejected and peptide match disabled. Selected sequenced ions
249 were dynamically excluded for 30 sec. The mass spectrometry-based proteomics data is deposited to
250 the ProteomeXchange Consortium via the MASSive partner repository and available via MASSive with
251 the identifier MSV000092562.

252

253 **Data Processing and Bioinformatics**

254 Peptide identification and quantification were performed as described previously^[39, 50] using MaxQuant
255 (v1.6.14) with its built-in search engine Andromeda^[51]. Tandem mass spectra were searched against
256 *Homo sapiens* (human) reference proteome (74,811 entries, downloaded 12-2019) supplemented with
257 common contaminants. Search parameters included carbamidomethylated cysteine as fixed
258 modification and oxidation of methionine and N-terminal protein acetylation as variable modifications.
259 Data was processed using trypsin/P as the proteolytic enzyme with up to 2 missed cleavage sites
260 allowed. The search tolerance and fragment ion mass tolerance were set to 7 ppm and 0.5 Da,
261 respectively, at less than 1% false discovery rate on peptide spectrum match (PSM) level employing a
262 target-decoy approach at peptide and protein levels. Protein group or phosphorylation site tables were
263 imported into Perseus (v1.6.7) for analysis, with contaminants and reverse peptides removed. Label free
264 quantification (LFQ) algorithm in MaxQuant was used to obtain quantification intensity values and
265 processed using Perseus as described^[52]. Cytoscape^[53] (v3.9.1) with STRING and EnrichmentMap
266 plugins were used for functional enrichment analyses (KEGG, Reactome, Gene Ontology (GO)
267 biological process) of proteins and to generate protein-protein interaction networks. The kinase-
268 substrate database from PhosphoSite Plus was used to identify upstream kinases for phosphorylated
269 proteins.

270

271 **Statistical Analysis**

272 Data clean up and analysis were performed using Perseus (MaxQuant computational platform) and
273 Excel. Protein intensities were \log_2 transformed and subjected to one-way ANOVA followed by Post
274 hoc Tukey's HSD test to identify significant differences between treatment groups. For stimulated
275 HEC1A endometrial cells, proteins identified in ≥ 2 replicates (out of 3) or ≥ 3 replicates (out of 4) in
276 each group were included in analysis. Phosphorylated sites (phosphosites) with a localisation
277 probability of $>75\%$ and quantified in ≥ 2 out of 3 replicates per treatment group were included in the
278 analysis. GraphPad Prism v9.4.1 and R (2022.02.3+492) were used for statistical analysis of functional
279 data. One-way ANOVA for multiple comparisons or unpaired t-test was performed. All data is
280 presented as mean plus/minus standard deviation (mean \pm SD). P-value <0.05 is considered statistically
281 significant.

282

283 **Results**

284

285 **3.1. Generation of HB-EGF-loaded NVs (NV^{HBEGF}) from human trophectodermal cells (hTSCs)**

286

287 Cell-derived NVs were generated by serial extrusion of hTSCs (6.25×10^6) suspended in PBS through
288 microfilters of decreasing pore size (10-5-1 μm) as described^[28]. To generate NVs loaded with HB-EGF
289 (NV^{HBEGF}), we serially extruded hTSCs in PBS containing 50 ng/ml of HB-EGF (**Figure 1A**). NVs
290 were then isolated using density gradient separation^[28] (**Figure 1A**). NVs and NV^{HBEGF} displayed
291 similar buoyant densities of 1.10-1.20 g/cm^3 , and cryo electron microscopy revealed that NVs were
292 spherical in shape and morphologically intact (**Figure 1B**), ranging 20-250 nm in diameter (mean 104.2
293 nm) (**Figure 1C**), consistent with NVs^[28] generated previously. We next questioned whether HB-EGF
294 is successfully incorporated into NVs. We subjected NVs (NVs and NV^{HBEGF}, n=3) to mass
295 spectrometry-based proteomic profiling (**Figure 1D**). Based on stringent peptide and protein
296 identification criteria we quantified HB-EGF in all NV^{HBEGF} biological replicates, compared to unloaded
297 NVs. We orthogonally validated loading of HB-EGF into NVs using a monoclonal antibody specific to
298 human HB-EGF protein by Western blotting (**Figure 1E**).

299

300 **3.2. NV^{HBEGF} uptake by recipient endometrial HEC1A cells**

301

302 Previously, we have shown that hTSC NVs can be taken up by endometrial HEC1A cells to enhance
303 their attachment to hTSC cell spheroids (*in review, Proteomics*). Here, we questioned whether loading
304 of HB-EGF into NVs impacts their uptake. For this, NV^{HBEGF} were labelled with fluorescent lipophilic
305 DiI dye (red) and incubated with HEC1A cells over a 2-hr period. Confocal fluorescence microscopy
306 revealed that NV^{HBEGF}, similar to unloaded NVs, were readily taken up by HEC1A cells (**Figure 2A**).
307 Imaging along the z-axis showed that NV^{HBEGF} were internalised and appeared as punctuate structures,
308 typical of vesicle uptake by recipient cells^[17, 45] (**Figure 2B**).

309

310 **3.3. NV^{HBEGF}-mediated phosphorylation is linked to intracellular signal transduction and EGFR**
311 **signalling**

312

313 HB-EGF activates various receptors (e.g., PRLR^[54], CD44^[55, 56]) but their effect on receptor tyrosine
314 kinases (RTKs)^[57] ERBB2/4 and especially EGFR, are more prominently studied. HB-EGF activation
315 of EGFR^[58] induce receptor conformation changes, internalisation, and intracellular localisation; and
316 downstream activation of the RAS-RAF-MEK-ERK, PI3K-AKT, STAT, and NF-kappa-B signalling
317 pathways^[58] which have roles in modulating cell adhesion and motility. However, phosphorylation
318 patterns, signalling dynamics, and functional outcomes downstream of EGFR activation remain poorly
319 understood^[59]. For insights into whether the HB-EGF loaded into NVs are functional in recipient

320 HEC1A cells, we stimulated HEC1A cells with NV^{HBEGF} and NVs (5 min treatment) and performed
321 phosphoproteomics analysis (**Figure 3A, Table S1**). Further, to investigate the dynamic cellular
322 signalling events initiated by NV^{HBEGF}; Erlotinib^[58], an EGFR inhibitor; was used as a pre-treatment to
323 suppress NV^{HBEGF}-mediated EGFR signalling in HEC1A cells (ErlonV^{HBEGF}) (**Figure 3A**).

324

325 NV^{HBEGF} treatment, compared to NVs, resulted in unique phosphorylation of 303 proteins and
326 identification of 396 phosphopeptide sites in HEC1A cells, including EGFR signalling regulators
327 ERRFI1 S273^[60], PRKCD S304^[61], RALBP1 S99, RICTOR S21^[62], and SHC1 S139^[63] (**Table S2**).
328 Following treatment on target cells, NV^{HBEGF} also upregulated ($\log_2fc \geq 0.5$) 705 phosphoproteins and
329 1218 phosphopeptide sites compared to NV, include those downstream of EGFR activation (**Figure**
330 **3B, Figure S1, Table S2**). However, Erlotinib pre-treatment attenuated phosphorylation of SH3KBP1
331 S210 and AKT1 S124^[64] and S129^[65], potentially limiting its response to activation and kinase activity.
332 Additionally, phosphorylation of MAPK1 T185 and Y187 (mediated by EGFR^[66]) were not detected,
333 along with MAP3K4 S1198, PEBP1 S52, and PTPN12 S449 (**Figure 3B and S1, Table S2**); indicative
334 of NV^{HBEGF}-mediated activation of EGFR signalling in HEC1A cells. Interestingly, Erlotinib also
335 reduced expression of phosphorylated proteins associated with endometrial receptivity^[67, 68] (MAPK1,
336 ANK3, GPRC5C, KIF4A, NDRG1, BAG3, FMNL2, KANK2, LNPk, LIMCH1, MVB12A, NAB2,
337 TBC1D1, UIMC1) and embryo implantation^[68] (PEBP1, CARMIL1, PHLDB2, EPB41L1, REPS1,
338 NDRG1, SCML2, SEMA6A, SHROOM2, STX, WWC1), which were upregulated by NV^{HBEGF}
339 compared to NVs (**Figure 3B, Table S2**). Inhibition of EGFR-mediated signalling may thus result in
340 altered expression and activation of proteins/phosphoproteins critical for endometrial function.

341

342 For insights into the downstream cellular processes and signalling pathways affected by EGFR
343 inhibition following NV treatment, we performed functional enrichment analysis on 421 proteins which
344 phosphorylation were inhibited by Erlotinib (**Table S3**). From this subset of proteins, we identify
345 various networks enriched including intracellular signalling, gene expression, cytoskeleton
346 organisation, and AKT1, BRAF and GTPase activity – processes downstream of EGFR activation, were
347 amongst those downregulated (**Figure 3C**). Subsequent NV^{HBEGF} treatment induced phosphorylation of
348 261 out of 421 Erlotinib-inhibited proteins, which are associated with GTPase activity, AKT1 and
349 intracellular signal transduction, and the VEGF-VEGFR2 signalling pathway (**Figure 3C, Table S4**),
350 indicative of an alternative signalling mechanism to EGFR activation.

351

352 From this profiling analysis we demonstrate that NVs loaded with HB-EGF can mediate rapid (5 min)
353 and dynamic changes in the phosphorylation landscape of HEC1A endometrial cells, including
354 regulators of intracellular signal transduction and EGFR signalling networks, as well as known
355 regulators of endometrial receptivity.

356

357 **3.4. NV^{HBEGF} treatment on recipient HEC1A endometrial cells significantly increased expression**
358 **of proteins upregulated at the embryo-maternal interface**

359

360 Embryo implantation into the maternal endometrium takes approximately 1 to 2 days^[69]. To define the
361 influence of earlier NV^{HBEGF}-mediated phosphorylation and signalling events on endometrial cell
362 proteome at the time of implantation, we investigated the proteome landscape of HEC1A endometrial
363 cells following 24 hr stimulation with NV^{HBEGF}, NVs, HB-EGF, ErloNV^{HBEGF}, or PBS (vehicle) (**Figure**
364 **4A, Table S5**). Compared to vehicle, 67 proteins were uniquely identified and significantly upregulated
365 following NV^{HBEGF} treatment (**Figure 4B**), including proteins present either at the embryo-maternal
366 interface^[68, 70] (S100A16/6/4^[71], TAGLN2^[72-74], PTGFRN^[75], CKAP4, TPD52L2, UFL1, NDUFB10,
367 GALNT2, RAPH1), in the endometrium during pre-attachment (CSTB^[76]), or associated with placental
368 development (FTL^[77], LAMP1^[78-80], LRP1^[81]). Of these, 6 proteins were similarly upregulated in NV
369 treatment (CKAP4, LAMP1, GALNT2, NDUFB10, RPL38, RPS19); while 26 proteins may be
370 attributed to HB-EGF function in NV^{HBEGF} (**Figure 4B**).

371

372 Erlotinib treatment disrupted phosphorylation of ERBB/EGFR signalling players – a potential
373 mechanism by which NV^{HBEGF} and NVs reprogram HEC1A cells. We analysed the proteome of HEC1A
374 cells following ErloNV^{HBEGF} treatment and compared with NV^{HBEGF} treatment. Indeed, of 127 proteins
375 downregulated (107 absent, 20 significantly downregulated) by ErloNV^{HBEGF} treatment compared to
376 NV^{HBEGF} (**Figure 4C**) included 3 proteins associated with ERBB/EGFR signalling: (i) MTOR, a protein
377 synthesis regulator that forms a positive feedback loop to AKT signalling; (ii) GRB2, upstream
378 regulator of MAPK and PI3K signalling pathways; and (iii) RPS6KA1, a gene expression regulator.
379 Processes associated with the downregulated proteins include vesicle-mediated transport, symbiotic
380 process, organelle organisation, and cellular localisation; with 86 proteins categorised as ‘KW-0597:
381 phosphoprotein’ (**Figure 4C, Table 6**). Indeed, the phosphorylation expression levels of their 13
382 associated kinases were decreased following ErloNV^{HBEGF} treatment compared to NV^{HBEGF}, including
383 AKT1, CDK1/9/16, CHEK1, CSNK1A1, IKBKB, LIMK1, MAPK1, MET, PRKCD, RPS6KA1, SRC
384 (**Figure 4D**).

385

386 To correlate how cellular changes are altered in HEC1A cells by NV^{HBEGF} and its influence on the
387 endometrium at the time of implantation, we identified upregulated and downregulated proteins in
388 NV^{HBEGF} compared to ErloNV^{HBEGF} and vehicle (**Figure 4E**). We note that compared to NV^{HBEGF},
389 ErloNV^{HBEGF} treatment downregulated players involved downstream of the EGFR signalling pathway
390 (MAPK1/3/14, BCAR1, IQGAP1, CRKL, INPPL1, CAV1, AP2A1, CAMK2G, GSK3B, PLCG2,
391 NRAS), highlighting EGFR signalling as a central mechanism of NV^{HBEGF}-mediated endometrial
392 reprogramming. Interestingly, proteins upregulated by NV^{HBEGF} have been shown to be also upregulated
393 in expression at the embryo-maternal interface^[68, 70] (GSTO1, FKBP1A, ISG15, MAP2K1, AHCYL2,

394 SWAP70, PPP1CB, LAMA3, RPS20, RPL14). In this study, these identified differentially expressed
395 proteins are involved in symbiotic process, membrane trafficking, and intracellular localisation and
396 transport (**Figure 4F, Table S7**). Contrastingly, processes relating to metabolism (nitrogen, carbon,
397 small molecule) and RNA splicing and biogenesis were associated with ErloNV^{HBEGF} and PBS
398 treatment respectively (**Figure 4F, Table S8/9**).

399

400 Collectively, we highlight the capacity of NV-mediated reprogramming of endometrial cells to
401 modulate proteome dynamics associated with EGFR signalling and changes in the endometrium
402 associated with embryo attachment. We next questioned whether HB-EGF-loaded NVs from human
403 trophoctodermal cells could regulate endometrial function. Our data suggests that HB-EGF-loaded NVs
404 potentially display the capacity to enhance cell attachment/adhesion and invasive capacity, as
405 previously reported in trophoctodermal cell-derived NVs and secreted EVs. This hypothesis was tested.

406

407 **3.5. NV^{HBEGF} treatment significantly enhances endometrial-trophoctoderm adhesion following** 408 **uptake by recipient endometrial cells**

409

410 Using a co-culture attachment assay as an *in vitro* proxy measure of adhesive capacity^[82, 83], we assessed
411 whether NV^{HBEGF} treatment onto HEC1A cells enhances their adhesion to trophoctodermal spheroids
412 (**Figure 5A**). Low-receptive HEC1A endometrial cells (monolayer) were stimulated with treatments
413 for 24 hrs, then incubated with hTSC spheroids and allowed 2 hrs for attachment. Unattached spheroids
414 were removed, remaining attached spheroids were counted, and the attachment rate assessed
415 (**Figure 5A**). NV^{HBEGF} treatment demonstrated the highest significant increase in spheroid attachment
416 rate to HEC1A cells (%) at 65±10 – almost 40% higher than PBS control (27±6, p<0.005) (**Figure 5B**)
417 and 20% higher than NVs (46±7, p<0.005). However, in ErloNV^{HBEGF} (21±6, p<0.005), NV^{HBEGF} did
418 not restore the attachment capabilities of spheroids pre-treated with Erlotinib (to PBS levels); lastly,
419 HB-EGF treatment alone performed similarly to unloaded NVs (42±25, p>0.05) (**Figure 5B**).

420

421

422 **3.6. NV^{HBEGF} treatment with trophoctodermal spheroids significantly enhances their invasive** 423 **capacity into Matrigel™ matrix**

424

425 Trophoblast invasion and outgrowth into the endometrium is a hallmark of successful implantation and
426 placentation^[73, 84-86] and assessed *in vitro* using the Matrigel™ matrix invasion assay^[39, 45, 83] (**Figure**
427 **5C**). Here, trophoctodermal spheroids were incubated with corresponding treatments for 2 hrs prior to
428 seeding into Matrigel™. A second dose of treatment in media was supplemented after 24 hrs and the
429 level of invasion monitored across 72 hrs using light microscopy (**Figure 5E, F**). Increase in invasion
430 was measured by subtracting the area of the original spheroid from the final measured area of invasion

431 **(Figure 5E, F)**. NV^{HBEGF} treatment displayed the highest significant increase in spheroid invasion (%)
432 at 248.7±75.1 – approximately 1.5-times higher than PBS (185±32.6, p<0.0005), while NV
433 (237.9±76.9, p>0.05) and HB-EGF (210.5±79.5, p<0.05) treatment performed similarly **(Figure 5D)**.
434 From our observations with Erlotinib (80.9±36.4, p<0.0005), EGFR inhibition with erlotinib
435 diminished the invasive capacity of spheroids which could not be restored by subsequent NV^{HBEGF}
436 treatment **(Figure 5D)**.

437

438 Our findings demonstrate the enhanced functional impact of HB-EGF loading into NVs by
439 demonstrating increased (i) attachment of low receptive endometrial cells to trophectodermal spheroids
440 and (ii) invasion of trophectodermal spheroids into Matrigel™ matrix, compared to unmodified NVs.
441 In doing so, we highlight EGFR signalling as a critical mediator of NV^{HBEGF} function.

442

443 **Discussion**

444

445 Nanosized extracellular vesicles and a plethora of growth factors (i.e., HB-EGF) are critical signalling
446 mediators during embryo implantation to the maternal endometrium – a cardinal event of pregnancy
447 establishment. This study highlights a rapid and scalable cell extrusion method to load the implantation
448 regulator HB-EGF into trophectodermal cell-derived nanovesicles (NV^{HBEGF}). Our study employs
449 phosphoproteomics and proteomics analysis to demonstrate NV^{HBEGF} short-term signalling and long-
450 term reprogramming capabilities on recipient low receptive HEC1A human endometrial cells. We
451 highlight that NV^{HBEGF} elicit EGFR-mediated effects in recipient endometrial cells. Importantly, these
452 protein phosphorylation activities and signalling patterns, including the activation of kinases and
453 phosphorylation sites that regulate their function (i.e., AKT1 S124^[64] and S129^[65], MAPK1 T185 and
454 Y187^[66]); and signalling processes (i.e., AKT signal transduction, GTPase activity) downstream of
455 EGFR activation; induce functional changes in recipient cells to enhance endometrial attachment to the
456 trophectoderm, and trophectodermal invasion into Matrigel™ matrix.

457

458 At the implantation site, trophectodermal cells of the blastocyst release EVs enriched with bioactive
459 molecules that reprogram itself^[87-91] and the endometrium^[16-18, 92] to support embryo-maternal crosstalk
460 and implantation. NVs derived from hTSCs^[17] therefore retain a high proportion of bioactive proteins
461 innate to trophectodermal cells, including those implicated in embryo-maternal interactions (ANXA2<sup>[93-
462 95]</sup>, DPP4^[96, 97], CTSB^[98-100]) and trophoblast invasion (TAGLN2^[73], CTSB/D^[99], LGALS3^[85]). Indeed,
463 we show that hTSC NV^{HBEGF} and NVs, enriched in these molecules, are effective supplements for
464 promoting endometrial adhesion to trophectodermal cells and trophectodermal invasion into Matrigel™
465 **(Figure 5)**. Similarly in various applications, NV composition can be tailored to suit various therapeutic
466 purposes, such as the selection of macrophages for spinal cord^[27] or tumour^[20] targeting, stem cells for
467 their regenerative properties^[22, 23, 28], and insulin-producing cells for diabetes management^[101].

468 However, the parental cells' natural composition can often limit their function, requiring dose titrations
469 and functional assays^[15, 102] to determine an effective dose, although selection of the appropriate
470 functional assays and their standardisation remains an area of active discussion^[15].

471

472 Modifying NV composition is a method of fine-tuning their function; for example loading of
473 chemotherapeutic drugs^[20, 103] for cancer therapy or drug-specific investigations, or antioxidative
474 enzymes^[24, 104] for oxidative stress-related diseases; it may thus be explored further to achieve a range
475 of outcomes in different contexts. The extrusion strategy described in this study, for example, can be
476 amended to load other factors to enhance implantation, such as those explored in clinical trials (i.e.,
477 hCG (NCT01786252^[105], NCT01030393^[106])), without genetically modifying parental hTSCs^[107].
478 While HB-EGF was selected for enrichment into NVs for its indispensable roles in pregnancy
479 establishment^[30-33, 36, 108-111], its well-researched mechanism of action makes it a suitable target for
480 functional validation and for dissecting the embryo-maternal interface. HB-EGF interacts with receptor
481 tyrosine kinases (RTKs) EGFR and ERBB4 expressed on target cells to initiate multiple downstream
482 signalling cascades^[35, 112] (i.e., MAPK, PI3K-AKT/PIP, small GTPase) (reviewed^[113]). Furthermore,
483 HB-EGF may perform synergistically with the high expression of heparan sulfate proteoglycans^[114]
484 expressed in NVs from their trophoctodermal source, as this enhances their binding to high-affinity
485 receptors (i.e., ERBB4^[109]), potentially augmenting its influence in recipient cells. However, given the
486 variety of signalling patterns initiated by EGFR, this can induce variable phenotypic responses and
487 outcomes in cells^[115-118]; for example, GTPase activity regulates cytoskeletal remodelling and cell
488 polarity^[119, 120] in endometrial cells to enhance their adhesive capacity^[93, 121, 122]; in embryos, however,
489 it influences transcription activity and signalling (CREB, WNT, JNK)^[123, 124] to modulate cell
490 differentiation^[124] and embryo size^[123]. We have thus assessed the temporal effects of NV^{HBEGF}
491 treatment; from the early phosphorylation-mediated signalling events occurring in recipient cells, to its
492 molecular landscape and function at the approximate time of embryo attachment (1 to 2 days^[69]).

493

494 The proteome of recipient HEC1A endometrial cells indicates expression of 5 other RTKs (AXL,
495 DDR1, MET, MST1R, EPHA2), which may interact with corresponding ligands enriched in NVs (i.e.,
496 LGALS3, collagens, HGF) to activate signalling cascades that converge with the EGFR-mediated
497 pathway^[125]. For example, proteins phosphorylated by NV^{HBEGF} and NVs (i.e., GAB1, NCK2, and
498 AKT1), while categorised as EGFR signalling players, are also contributors of MAPK, PI3K-AKT, and
499 MTOR signalling – all present downstream of RTK activation^[126]. Indeed, upon EGFR inhibition,
500 subsequent NV^{HBEGF} treatment induced EPHA2 phosphorylation and downstream signalling modulators
501 (i.e., BRAF, MAP3K2, PAK4, PXN, SH3KBP1) (**Figure 3B**). NV^{HBEGF} may also activate cell-surface
502 receptor CD44^[55] expressed on HEC1A endometrial cells, which interaction with HB-EGF^[56, 127] was
503 previously implicated in endometrial tissue remodelling^[55]. CD44 is integral for endometrial
504 decidualisation^[127] and adhesion to the embryo^[128]; with its expression linked to implantation

505 success^[127] and female fertility status^[129]. Upon binding to compatible ligands, CD44 phosphorylates
506 GAB1^[130] to initiate AKT signalling, and activates downstream effectors including RhoGTPases^[131-133],
507 to induce cytoskeletal reorganisation and cell migration and adhesion. Interestingly, despite EGFR
508 inhibition, NV^{HBEGF} induced the phosphorylation of GAB1 (S163) (**Figure 3B**), and other proteins
509 implicated in the regulation of GTPase activity, supporting NV^{HBEGF}-CD44 interaction as another
510 pivotal driver of endometrial reprogramming. At the site of embryo implantation, GTPase activity
511 exerts influence on PI3K-AKT signalling and RhoA in mouse embryos to mediate their
512 implantation^[134], endometrial cell contraction/migration^[120, 135], and focal adhesion^[119, 135-137]; it is thus
513 an indispensable mediator of embryo-endometrial interactions^[93, 121, 122]. Compared to endometrial cells,
514 hTSCs and their derived EVs were enriched in GTPases^[17]; the latter's treatment onto recipient
515 endometrial cells upregulated cytoskeletal organisation and cell polarity processes, potentially through
516 GTPase activity as a trophoctoderm-mediated signalling strategy. Indeed, supplementation of our
517 unloaded NVs significantly augmented the adhesive capacity of HEC1A endometrial cells to
518 trophoctodermal spheroids, as well as the invasive capacity of trophoctodermal cells (**Figure 5**).
519 Whether the latter observation is attributed to PI3K-AKT signalling^[134] still warrants investigation.

520

521 We have demonstrated marked functional influence of NV^{HBEGF} on HEC1A endometrial cells compared
522 to HB-EGF and NVs; which significantly augmented their adhesion to trophoctoderm cells by ~40%
523 from baseline (PBS) – double the capacity of HB-EGF and NVs (**Figure 5**). Given that NV^{HBEGF} and
524 HB-EGF share a higher proportion of upregulated proteins in endometrial cells compared to NVs, and
525 the well-studied role of HB-EGF^[30-33, 36, 108-111] and ERBB/EGFR^[116, 138-140] signalling at the embryo-
526 maternal interface, we posit that the latter has substantial influence on our functional observations.
527 Indeed, with the erlotinib targeted inhibition of EGFR^[141], NV^{HBEGF} treatment could not restore
528 endometrial or trophoctodermal cell function to baseline (PBS) levels. Moreover, amongst the
529 phosphorylation of kinases and expression of their corresponding proteins downregulated by EGFR
530 inhibition (**Figure 4D**), the most dysregulated proteins include those upregulated at implantation sites^{[70,}
531 ^{142]} (**Figure 4E**). Even so, the functional capacity of HB-EGF was inconsistent, and at best comparable
532 to NVs; a similar phenomenon was observed in hCG-loaded EVs from human uterine fluid^[143], which
533 demonstrated the enhanced capacity to induce expression of receptivity markers in recipient
534 endometrial cells compared to hCG alone, EVs alone, or co-supplementation of hCG with EVs. Prior
535 attempts to develop signalling mediators (i.e., hCG^[9], LIF^[10], and G-CSF^[13]) with strong links to fertility
536 and endometrial receptivity as fertility-enhancing supplements have also been unsuccessful in clinical
537 trials. Taken together, these observations allude to a multi-faceted signalling mechanism by engineered
538 EVs or NVs that encompass properties of their enriched molecule and their biological source, thereby
539 enhancing their functional benefit and potential therapeutic utility. NVs thus represent a feasible and
540 adaptable method of large-scale generation of therapeutic vesicles for tuning endometrial phenotype
541 and function. This proof-of-concept study demonstrate feasibility in enhancing the potency of NVs in

542 the context of embryo attachment and pregnancy establishment. Whether these loaded NVs improve
543 implantation rate *in vivo* warrants future investigation.
544

545 **Supporting Information**

546 Supporting information is available from the Wiley Online Library or from the author.

547

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557

558 **Author Contributions**

559 QHP, AR, and DWG conceived and designed experiments. QHP carried out majority of experiments.
560 JC assisted with proteomic sample preparation. QHP, AR, and DWG wrote, reviewed, and edited the
561 manuscript. All authors approved the final manuscript.

562

563 **Conflicts of interest:** The authors declare no competing interests.

564

565 **Data and Software Availability:** All mass spectrometry data and spectral identifications have been
566 deposited in the ProteomeXchange Consortium via the MASSive partner repository with the identifier
567 MSV000092562 (NV composition, reprogrammed cell phosphoproteomics, reprogrammed cell global
568 proteomics).

569

570 **Figure Legends**

571

572 **Figure 1. Production and characterisation of NV^{HBEGF}.** A) NV^{HBEGF} were generated by serial
573 extrusion (10, 5, 1 μ m filters, 13 times per membrane) of human trophectodermal cells (T3-TSCs) with
574 either 50 ng/ml of HB-EGF or PBS and purified using density-cushion ultracentrifugation to obtain 7
575 fractions (F1-7) of increasing density. NV-containing fraction (F5) was obtained. B) Cryo-electron
576 microscopic image of NV^{HBEGF} displayed spherical and morphologically intact structures; scale 100 nm.
577 C) Size distribution of NV^{HBEGF} based on cryo-electron microscopic images (n=4) reveal enrichment of
578 particles 50-150 nm in diameter. D) Abundance of HB-EGF using mass spectrometry analysis;
579 normalised LFQ intensities (\log_2) of HB-EGF between NV^{HBEGF} and NVs generated using the same
580 workflow from hTSCs and mouse embryonic fibroblasts. E) Western blot display of HB-EGF
581 enrichment in NV^{HBEGF} compared to NVs (n=3).

582

583 **Figure 2. Uptake of NV^{HBEGF} and NVs by HEC1A endometrial cells**

584 A) Confocal fluorescent microscopy images demonstrating uptake of NV^{HBEGF} or NVs labelled with DiI
585 lipophilic fluorescent dye labelled (red) by HEC1A endometrial cells after a 2-h incubation (n=3). B)
586 Fluorescent Z-stack image displaying intracellular distribution of DiI-labelled NV^{HBEGF} (red). Nuclei of
587 HEC1A endometrial cells were stained with Hoechst (blue). Scale bar 10 μ m.

588

589 **Figure 3. NV^{HBEGF} remodel the phosphoproteome landscape in HEC1A endometrial cells.** A)

590 Workflow for NV^{HBEGF} and NV treatment onto recipient HEC1A endometrial cells, including a 2-step
591 treatment of erlotinib (EGFR inhibition) followed by NV^{HBEGF} stimulation, and subsequent cell
592 phosphoproteome preparation and analysis. B) Heatmap expression (\log_2) of phosphorylated proteins
593 and phosphosites of players of the EGFR signalling pathway, which are downregulated when EGFR is
594 inhibited by erlotinib (white corresponds to missing values). C) (Top) Erlotinib inhibited the
595 phosphorylation of 421 proteins (compared to PBS), while subsequent NV^{HBEGF} treatment induced
596 phosphorylation of 261 of the inhibited proteins; (Bottom) bubble plot displaying key biological
597 processes and pathways corresponding to the 421 and 261 proteins respectively.

598

599 **Figure 4. NV^{HBEGF} remodel the proteome landscape and EGFR signaling network at the time of**

600 **implantation.** A) Workflow employed for proteomic analysis of stimulated HEC1A endometrial cells.

601 B) Proteins uniquely identified and significantly upregulated in NV^{HBEGF}- or NV-treated HEC1A cells
602 compared to PBS. C) Pre-treatment of HEC1A cells with erlotinib followed by NV^{HBEGF} downregulated
603 the expression of 127 proteins compared to NV^{HBEGF}, which are categorised into related biological
604 processes. D) NV^{HBEGF}- and ErloNV^{HBEGF}-mediated phosphorylation levels of 13 kinases that are
605 matched to downregulated proteins. E) Comparative analysis of HEC1A cellular proteome treated with
606 NV^{HBEGF} compared to ErloNV^{HBEGF} and PBS, and a two-way scatter plot highlighting top dysregulated

607 proteins in the presence of EGFR inhibitor, erlotinib. F) Bubble plot display of biological processes and
 608 pathways associated with proteins significantly upregulated (including unique) by NV^{HBEGF} treatment
 609 and proteins significantly downregulated (including absent) in NV^{HBEGF} compared to ErloNV^{HBEGF} and
 610 PBS.

611

612 **Figure 5. NV^{HBEGF} enhances attachment to endometrial cells and outgrowth and invasion in**
 613 **MatrigelTM of trophodermal spheroids.** A) Experimental workflow for co-culture attachment

614 assay. B) Box plot indicating percentage of spheroid attachment to HEC1A endometrial cells following
 615 treatment with PBS, NV^{HBEGF}, NV, HB-EGF, or ErloNV^{HBEGF} (n=5), where rate of spheroid attachment
 616 (%) is the number of attached spheroids divided by the number of seeded spheroids expressed as a
 617 percentage. C) Experimental workflow for TSC spheroid outgrowth and invasion into MatrigelTM. D)

618 Box plot indicating quantified area of TSC spheroid outgrowth and invasion into MatrigelTM 72 hr
 619 following treatment with PBS, NV^{HBEGF}, NV, HB-EGF, or ErloNV^{HBEGF} (n=8). E) Bright-field
 620 microscopic images of TSC spheroids outgrowth and invasion into MatrigelTM 72 hr following
 621 treatment with PBS, NV^{HBEGF}, NV, HB-EGF, or ErloNV^{HBEGF}. Scale bar 100 μ m. F) Area of outgrowth
 622 extending from spheroid taken for measurements is shaded in grey and quantified using ImageJ.

623 *p<0.05, **p<0.005, ***p<0.0005, ****p<0.001

624

625

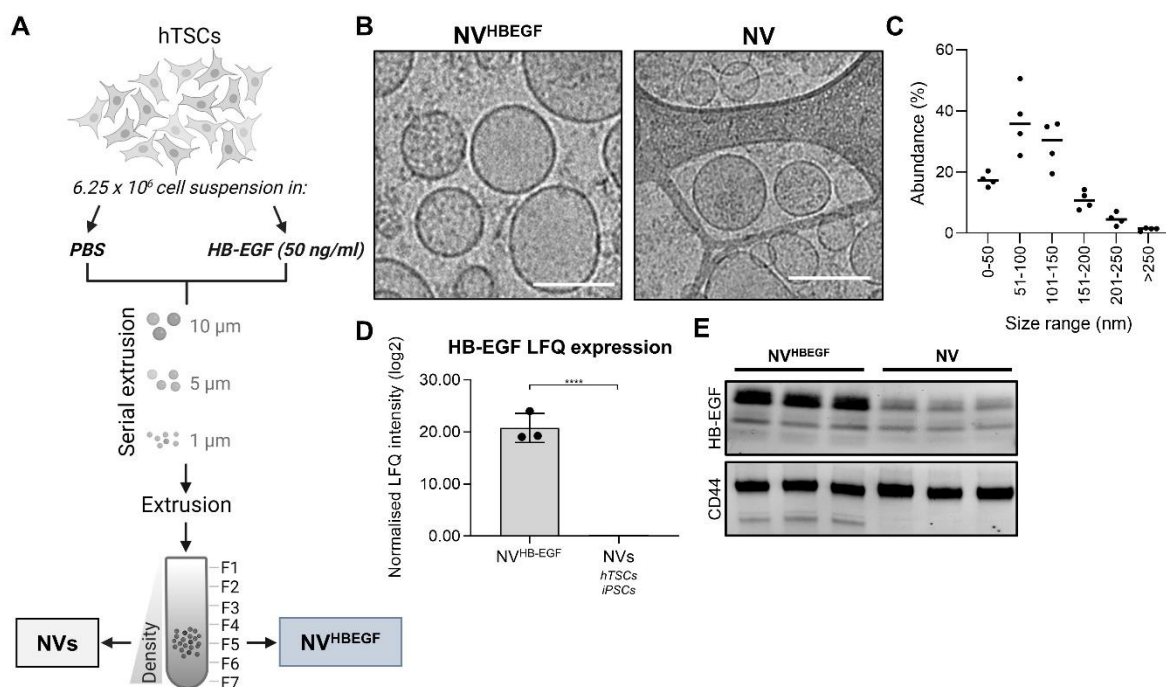


Figure 1. Production and characterisation of NV^{HBEGF}

626

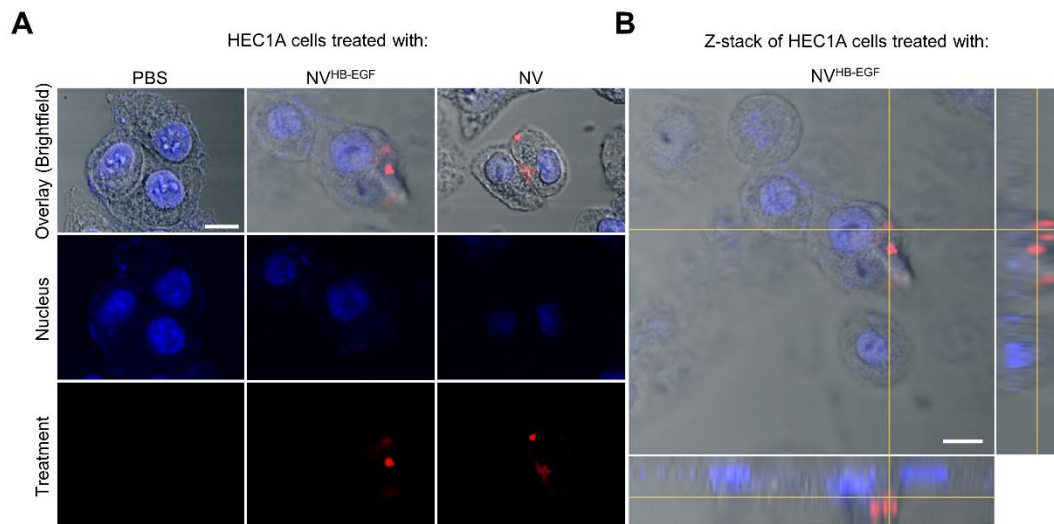


Figure 2. Uptake of NV^{HB-EGF} and NVs by endometrial HEC1A cells

627

628

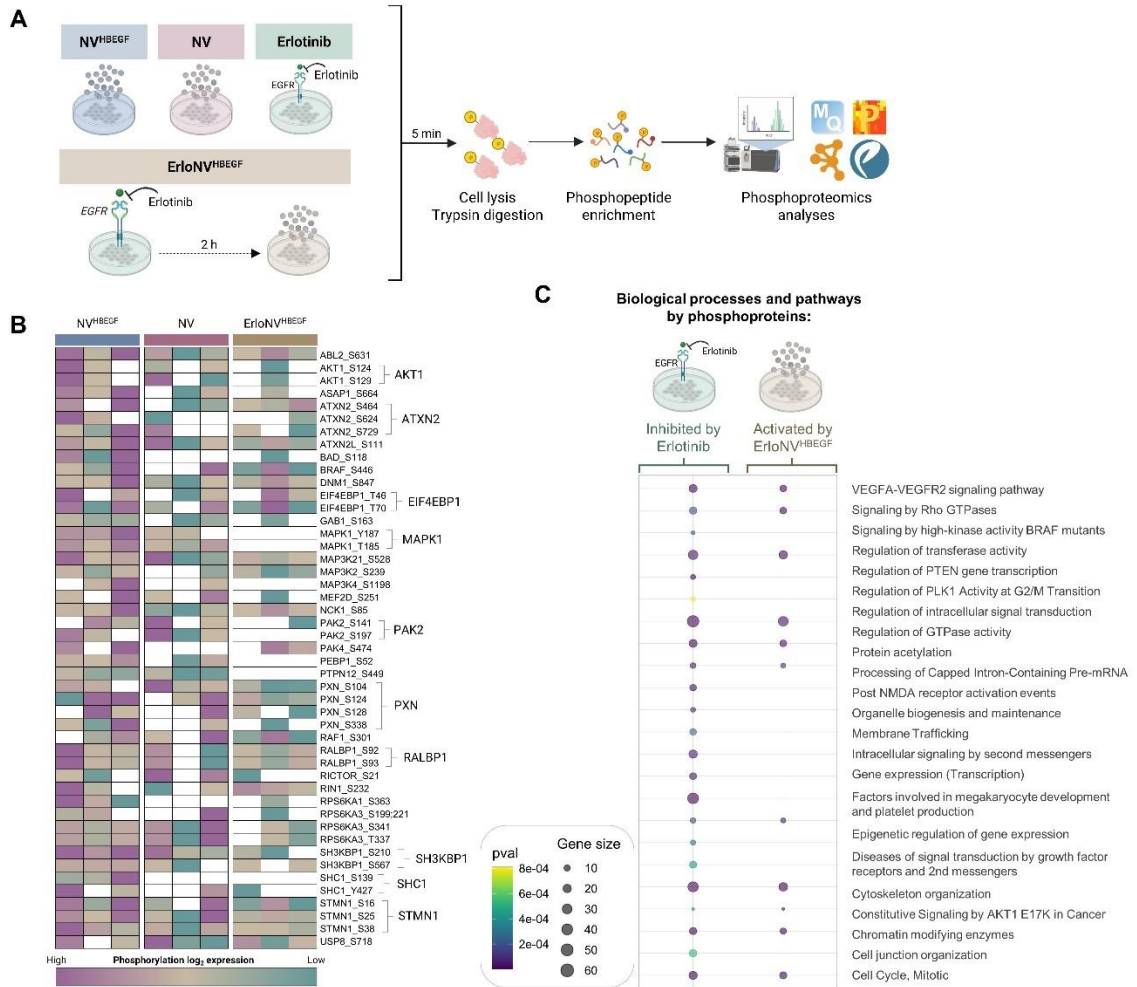


Figure 3. NV^{HBEGF} remodel the phosphoproteome landscape in HEC1A endometrial cells

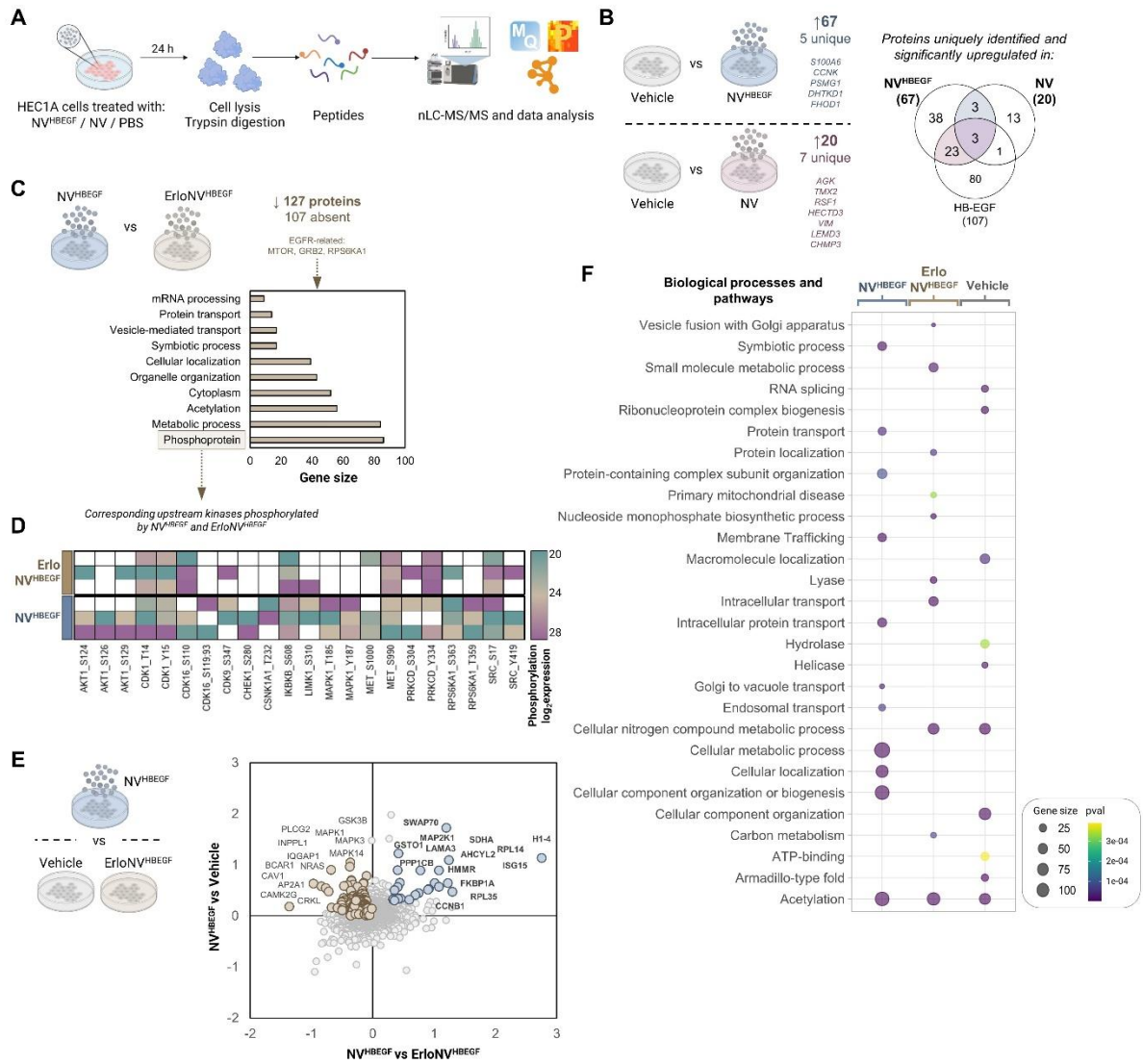


Figure 4. NV^{HBEGF} remodel the proteome landscape and EGFR signaling network at the time of implantation

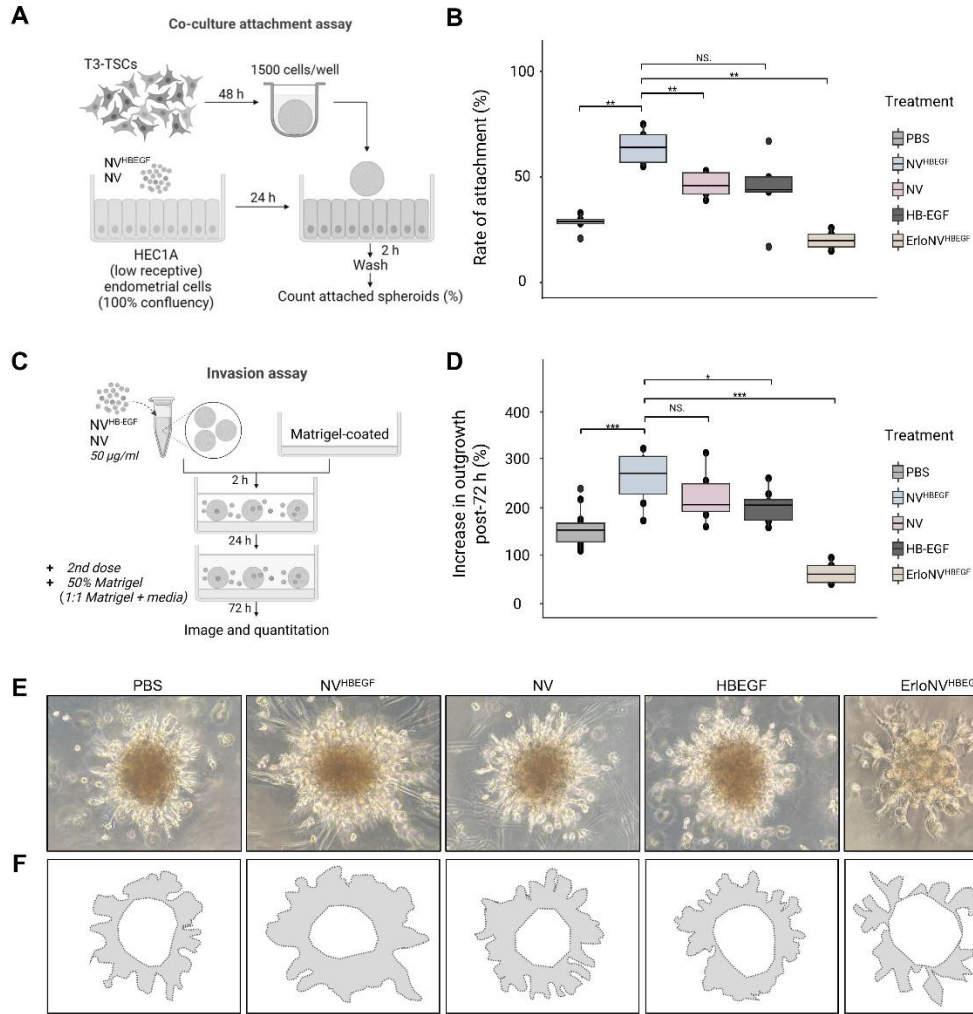


Figure 5. NV^{HB-EGF} enhances attachment to endometrial cells and outgrowth and invasion in Matrigel of trophectodermal spheroids.

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633

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