

Ascending aortic true aneurysm after acute aortic dissection in a patient with systemic lupus erythematosus

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Abstract

A 50-year-old woman presented to our hospital with shortness of breath on exertion and nocturnal dyspnea. She had undergone total aortic arch replacement for Stanford type A aortic dissection 17 years previously and was taking prednisolone for systemic lupus erythematosus. Computed tomography showed that the 63-mm ascending aorta near the proximal anastomosis site compressed the superior vena cava and right atrium. Cardiac catheterization showed occlusion of the left anterior descending branch. The patient underwent urgent surgery for ascending aortic aneurysm and coronary artery occlusion. Microscopic examination revealed that the aneurysm was true. This report highlights that in patients with systemic lupus erythematosus, aortic aneurysms can reoccur even after total arch replacement.

Ascending aortic true aneurysm after acute aortic dissection in a patient with systemic lupus erythematosus

Running title: Aortic aneurysm in SLE

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ABSTRACT

A 50-year-old woman presented to our hospital with shortness of breath on exertion and nocturnal dyspnea. She had undergone total aortic arch replacement for Stanford type A aortic dissection 17 years previously and was taking prednisolone for systemic lupus erythematosus. Computed tomography showed that the 63-mm ascending aorta near the proximal anastomosis site compressed the superior vena cava and right atrium. Cardiac catheterization showed occlusion of the left anterior descending branch. The patient underwent urgent surgery for ascending aortic aneurysm and coronary artery occlusion. Microscopic examination revealed that the aneurysm was true. This report highlights that in patients with systemic lupus erythematosus, aortic aneurysms can reoccur even after total arch replacement.

Keywords: systemic lupus erythematosus, total aortic arch replacement, aortic aneurysm

Introduction

Systemic lupus erythematosus (SLE) is an autoimmune disease with multi-organ involvement and is associated with the presence of autoantibodies. Patients with SLE often develop aortic events such as aortic aneurysms and dissections^{1, 2}. Pseudoaneurysms are rare complications after aortic surgery and have been reported in patients with SLE³. However, little is known about true aneurysms of the residual ascending aorta after aortic surgery. We report the case of a patient with SLE who developed a true aneurysm of the ascending aorta 17 years after total arch replacement for an acute aortic dissection.

Case

A 50-year-old woman presented with shortness of breath on exertion. She had undergone total aortic arch replacement for Stanford type A aortic dissection 17 years previously. She had been taking prednisolone (7.5 mg) for SLE since she was 18 years old. Transthoracic echocardiography showed left ventricular diastolic and systolic diameters of 52 and 41 mm, respectively, left ventricular ejection fraction of 42.5%, and mild aortic regurgitation. Echocardiography revealed a large ascending aortic aneurysm compressing the right atrium. Computed tomography showed the 63-mm ascending aorta near the proximal anastomosis site compressing the superior vena cava and right atrium (Fig. 1) and a 53-mm thoracoabdominal aneurysm (TAA) and a 38-mm abdominal aortic aneurysm (AAA). Cardiac catheterization showed chronic total occlusion of the left anterior descending (LAD) branch. The patient underwent urgent surgery for ascending aortic aneurysm and LAD occlusion.

Cardiopulmonary bypass (CPB) was initiated via right axillary and right femoral artery perfusion, with inferior vena cava drainage through the right femoral vein. Superior vena cava drainage was performed via median sternotomy and CPB was established. The harvested great saphenous vein was anastomosed to the LAD during systemic cooling to a bladder temperature of 23°C. After circulatory arrest, the aneurysmal aortic wall was incised. The artificial blood distal to the aneurysm was clamped and circulation was resumed. Cardioplegic solution was infused from the coronary ostium and anastomosed graft to achieve cardiac arrest. Ascending aortic replacement was performed using a 24-mm J-graft (Japan Lifeline Co., Ltd., Tokyo, Japan). Proximal anastomosis was performed at the sinotubular junction level. The saphenous vein graft was anastomosed to the J-graft and the aorta was declamped. A 5-mm hole on the right atrium that had been adherent to the aneurysm was found and directly closed. The CPB weaning was uneventful and the duration of surgery, CPB, cardiac arrest, and circulatory arrest were 494, 229, 113, and 3 mins, respectively. There was no recurrence of ascending aortic aneurysm 2 years postoperatively.

Microscopic examination revealed that the aneurysm was true because the aneurysmal wall was composed of

all three layers including tunica intima, media, and externa and showed severe atherosclerotic changes. The tunica intima thickened with the formation of atheroma. The smooth muscles of tunica media decreased, and the elastic fibers were disordered. Some elastic fibers ruptured, and fragmented fibers were observed in the tunica media. (Fig. 2a, b).

Discussion

Aortic dissections and aneurysms are rare complications in patients with SLE; however, their incidence is higher in patients with SLE than in age- and sex-matched controls^{1, 2}. Patients with SLE develop aortic aneurysms at a relatively early age⁴. Pathological changes in patients with SLE include cystic medial necrosis with mucopolysaccharide deposition and Marfan-like changes, such as destruction of elastic fibers⁵. Interestingly, histopathology results from the present case showed a tear in the tunica media elastic fibers, suggesting that this was the cause of the aortic dissection 17 years previously. Various factors, other than atherosclerosis, have been postulated to contribute to the formation of aortic aneurysms in patients with SLE. Mucoïd degeneration, vascular injury, hypertension, arteriosclerosis, and steroid therapy are reportedly associated with aneurysm formation⁶. Long-term steroid therapy inhibits chondroitin sulfate and granulation tissue formation, affecting connective tissues and increasing the incidence of atherosclerosis^{6, 7}. The thoracic aorta is considered more resistant to atherosclerosis than the abdominal aorta. The difference in susceptibility to lipid deposition and subsequent plaque formation suggests differences in the cellular and extracellular compositions of the thoracic and abdominal aorta. This supports a different pathophysiological mechanism for the development of TAA and AAA⁸. Vasculitis and cystic medial degeneration reportedly cause TAA, whereas atherosclerotic changes due to long-term steroid therapy cause AAA in patients with SLE⁹. The present case was of a TAA with severe atherosclerotic lesions. These lesions and her early age suggest that the TAA may have been influenced by SLE and steroid therapy.

The incidence of postoperative pseudoaneurysm after cardiac surgery is estimated to be <0.5%¹⁰. Previous reports include pseudoaneurysm occurring 1 year after acute aortic dissection repair³, and true aneurysm recurrence 5 months after AAA repair in SLE patients¹¹. We should consider the possibility of true aneurysms developing in patients with SLE even after total arch replacement and consider using a technique that does not leave the aortic wall short of the sino-tubular junction.

Author contributions

Concept/design: HS, RK, MM; Drafting the article: HS; Critical revision of the article: RK; Approval of article: All authors

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Figure legends

Figure 1: Computed tomography and its schema showing the 63-mm ascending aorta near the proximal anastomosis site. Arrows indicate an ascending aortic aneurysm compressing the right atrium.

Figure 2: Histological findings of the aneurysmal wall with severe atherosclerotic changes. (a) Hematoxylin and Eosin (H&E) staining highlights that the wall was composed of tunica intima (*), media (**), and externa (***). The tunica intima thickened with the formation of atheroma. (b) Masson-Goldner stain indicated the decrease of smooth muscle (red stained fibers) and the disordered arrangements of elastic fibers (brown to dark stained fibers). Some elastic fibers ruptured, and fragmented fibers were observed (white arrow).

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