

Experience of Combined Procedure During Percutaneous Left Atrial Appendage Closure.

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Abstract

Introduction: Percutaneous left atrial appendage closure (LAAC) is an alternative to oral anticoagulant (OAC) in patients with non-valvular atrial fibrillation (AF) and contraindication to long-term OAC. Combined strategy with percutaneous LAAC at the same time of other cardiac structural or electrophysiological procedure has emerged as an alternative to staged strategy. **Aim:** To describe our experience of combined LAAC procedures using Watchman devices. **Method:** All patients with combined LAAC procedure using Watchman (WN) devices performed from 2016-2021 were included. The primary safety endpoint was a composite of periprocedural complications and adverse events during follow-up. The primary efficacy endpoint included strokes, systemic embolisms, major bleeding, and cardiovascular death. **Results:** Since 2016, among the 157 patients who underwent LAAC using WN devices, 16 underwent a combined strategy: 6 TEMVR (37%), 6 typical atrial flutter ablation (37%), 2 LP implantation (13%) and 2 atrial fibrillation ablation (13%). The WN device was successfully implanted in 98% and 100% for single and combined LAAC respectively ($p = 0.63$). Median follow-up was 13 months (IQR 25/75 3/24) in the whole cohort. Device related complications occurred in 6 out of 141 patients (4%) who underwent single LAAC and in no (0/16) patient in the combined LAAC procedure ($p=ns$). The procedural related complications did not differ significantly between groups (5% vs 12%, respectively in the single and combined group, $p=0.1$). **Conclusion:** Combined procedure combining LAAC using the Watchman devices and one other structural or electrophysiological procedure is safe and effective. Larger series are needed to confirm these results.

Introduction

Oral anticoagulation (OAC) is the cornerstone of stroke prevention in non-valvular atrial fibrillation (NVAf) when CHADS-VASC score are high (1,2). However, contraindication for long-term OAC related to comorbidities, personal history of bleeding or persistent risk of bleeding remains a frequent issue in clinical practice (3). In NVAf, thrombi typically occur in the left atrial appendage (4), and over the last years, left atrial appendage closure (LAAC) with an occluder device has emerged as an alternative to OAC in selected patients (5,6).

Different design and generations of devices are available for percutaneous LAA closure: Watchman devices, ACP and Amulet devices, WaveCrest, and LAmbré (7).

Recently, combined strategy of concomitant LAAC for stroke prevention and catheter ablation (CA) for AF was proposed, and an international multicenter registry support the feasibility and safety of this strategy (8,9). The combined strategy of concomitant CA and LAAC procedures in symptomatic AF patients with high risk of stroke and bleeding may be a cost-effective therapeutic option compared with CA and long term standard oral anticoagulation (OAC) (10). Moreover, in patients with both NVAf and patent foramen oval (PFO) or atrial septal defect (ASD), LAAC combined with PFO or ASD closure was previously reported

(11,12). Finally, other percutaneous procedures such as leadless intracardiac transcatheter pacing systems implantation or transcatheter edge-to-edge mitral valve repair (TEMVR) may be combined with LAAC (13-16). Recent publication have shown the possibility to associate safely LAAC using AmplatzerTM devices with structural, coronary, or electrophysiological concomitant procedures (16). Combined approach could thus allow to treat several cardiac conditions in a single intervention.

Here, we report our single center experience of a combined strategy with LAAC procedure using the WatchmanTM (WN) devices and other percutaneous procedures.

Method

This study was conducted according to ethical standards of clinical e-research in Canada and in accordance with the Helsinki declaration. This is a retrospective analysis of clinical, biological, and echocardiographic data prospectively collected in a single center registry of all patients (n=157) who underwent percutaneous LAAC using WN devices at our institution from October 2016 to October 2021. Combined strategy was defined as a LAAC closure with WN devices associated with concomitant cardiac structural or electrophysiological interventions using the same femoral venous access.

Definitions and Outcomes Measures

Immediate and delayed procedure related complications were collected according to the Munich Consensus Document (17).

Procedural success was defined as: 1-Technical success and 2-No procedure-related complications.

Technical success was defined as: 1- exclusion of the LAA; 2-No device related complication; and 3-No leak [?] 5mm on color Doppler TEE.

Device related complications included: device related thrombus (DRT), device embolization, erosion, interference with the surrounding structure (circumflex coronary artery, mitral valve, pulmonary artery, or pulmonary vein), fracture, perforation or laceration, infection, or endocarditis.

Based on the Protect AF trial, an adequate sealing of the LAA was characterized by a jet < 5 mm and a jet [?] 5 mm was considered as a significant para-prosthetic leak (18).

The procedure related complications included: stroke (hemorrhage or infarction), transient ischemic attack, systemic embolism, life-threatening or major bleeding, pericardial effusion, vascular complication, pericarditis, myocardial infarction, renal failure, hepatic failure, cardiovascular death, and unknown cause death occurring during the follow-up. Major bleeding was defined as one of the following criteria: 1- fatal bleeding; 2- symptomatic bleeding in a critical organ or area (intracranial, intraspinal, intraocular, retroperitoneal, intraarticular, pericardial, intramuscular with compartment syndrome); 3- a fall in the hemoglobin level of [?] 20 g/L; 4- transfusion of two or more units of whole blood or red cells (19,20). Ischemic stroke was defined as an episode of neurological dysfunction caused by a focal cerebral, spinal, or retinal infarction and could be definitive, transient, or silent (21). Data related to peripheral embolism and hemorrhagic strokes were also collected. The CHA2DS2-VASc and HASBLED score were calculated.

Procedures

The LAAC devices used in this study were the Watchman 2.5TM Devices and the Watchman FLXTM devices (Boston scientific, St. Paul, Minnesota) using the TruSeal access sheath (Boston Scientific, St. Paul, Minnesota). The basic steps of the procedure were similar for the Watchman 2.5TM and FLXTM devices regarding the use of general anesthesia, femoral venous access for the transseptal puncture, use of a guide wire and pigtail for sheath guidance and positioning, and device selection based on transesophageal echocardiography (TEE) and angiography. Implantation of the Watchman 2.5TM devices was performed as recommended (22), and the ball technique was used for the implantation of the Watchman FLX devices (22). After correct TEE assessment of the standard PASS criteria (position, anchor, size/compression, seal), fluoroscopic morphology and angiographic test, a tug-test was performed. The Watchman device was then released, and all material

removed. Patients could receive protamine infusion and venous closure device, or hemostatic suture and a compressive dressing.

Postoperative Care

After the procedure, all patients stayed in the cardiac care unit for 24-h continuous ECG monitoring, and transthoracic echocardiography (TTE) and chest X-ray were performed before discharge. During the first 45 to 60 post-operative days, all patients received, depending on the clinical scenario, oral anticoagulation, dual or single antiplatelets. A TEE was performed between 45 to 60 days post-procedure. The antithrombotic medication was then adapted individually, considering the correct sealing, device related thrombus and outcome occurrence.

Follow-up

All patients were followed in our dedicated LAA clinic, at 6 weeks, 6-months, 1-year, and 2-years after the procedure. During the follow-up visits, clinical status and ECG were recorded. A TEE was performed at 45-60 days post procedure then repeated at 1-year follow-up to assess persistence of correct sealing and PASS criteria and exclude any complication. If a TEE was contraindicated, a standard TTE was performed.

Statistical analysis

Continuous data were expressed as median and interquartile range (IQR) or mean and standard deviation (SD) and compared between groups using ANOVA. Qualitative variables were presented as percentages and compared between groups using Chi2 test or Fisher's exact test. A univariate Cox model was performed to compare the occurrence of events in each group.

All tests were two-sided. A p-value < 0.5 was considered significant for all analysis.

R Studio statistical software (RStudio, Inc. 2019 version, 1.2.5001) was used.

Results

Patient Demographics

From the 157 patients who underwent LAAC using WN devices, 16 (10%) underwent a combined strategy. Overall, the median follow-up was 13 months (IQR 25/75 3/24). The median follow-up was 13 months (IQR 25/75 4/24) for the single group and 5 months (IQR 25/75 1/24) in the combined group (p=0.1). The median age was 76 (IQR 25/75 71/80) and 71 (IQR 25/75 61/73) in the single and combined strategy groups respectively (p<0.01). The CHA2DS2-VASc score (mean \pm SD) was 4 (IQR 25/75 3/5) in each group, whereas the HAS-BLED score was 4 \pm 1 and 3 \pm 1 respectively (p=0.03). Atrial fibrillation was permanent in 47 % of patients in the single procedure group and in 37% in the combined strategy (p=ns). Indications for LAAC are depicted in Table 1.

Device Implantation Outcomes

The LAAC immediate device implantation success rate was not significantly different (p=0.63) in the two groups, 98% in the single procedure group and 100% in the combined strategy group (Table 2). The 2 procedural failures were related to unfavorable anatomy and a high risk of prosthesis embolization after assessment of the PASS criteria. Median procedural time was 69 min (IQR 25/75 53/88) and 115 min (IQR 25/75 76-139), median fluoroscopy time 7 min (IQR 25/75 5-10) and 18 min (IQR 25/75 10-38), median fluoroscopy dose 945 mGy (IQR 25/75 402/2760) and 2500 mGy (IQR 25/75 640/11992) in the single procedure and combined strategy groups, respectively (p<0.01). Recapture or device resizing were required in 42 patients (27%).

The combined strategy included 6 TEMVR (37%), 6 typical atrial flutter ablation (AFL) (37%), 2 LP implantation (13%) and 2 atrial fibrillation ablation (13%). Among the 6 patients undergoing a typical flutter ablation, 3 were in flutter at time of LAAC and sinus rhythm was obtained in all. Procedural time, fluoroscopy duration and fluoroscopy dose was significantly lower for AFL (table 3).

Mid-Term Device Related Complications

Six patients in the single procedure (4%) group had a device related complication during follow-up: Three had a significant para-prosthetic leak (with a jet size > 5 mm) (2%), and 3 a DRT (2%). No device embolization occurred during follow-up in the whole cohort (Table 3). Thus, the mid-term technical success rate was 96% and 100% in the single procedure group and in the combined strategy group respectively (HR=1.1 [0.6-2.0], p=0.6).

Mid-Term Procedural Related Complications

Procedural related complications occurred in 8 and 2 patients in the single procedure group and in the combined strategy group respectively (5% and 12%, HR=3.5 [0.7-17], p=0.1). One patient in each group presented with a major hemorrhage due to recurrent gastrointestinal bleeding on Aspirin (at 2 years in the single group and 7 months in the combined strategy (1 and 6%, HR=12.0 [0.8-201], p=0.07)). Cardiovascular death occurred in 3 patients in the single procedure group due to hemorrhagic stroke in 2 (2%) and end-stage heart failure in 1. There was no systemic embolization over the follow-up period for the whole cohort (Table 4).

Staged Procedures

Among the single procedure group, several patients (n= 66 (42%)) had a structural or electrophysiological intervention before or after the LAAC. Twenty patients underwent atrial flutter ablation (13%) and seven atrial fibrillation ablation (4%), 43 patients received a pacemaker (27%) (17 VVI, 19 DDD and 7 CRT) and TEMVR was performed in one patient. These deferred interventions were performed less than 12 months before or after LAAC in 27 patients (17%).

Discussion

The key findings of our study are that a combined strategy with LAAC using Watchman devices and one other cardiac structural or electrophysiological interventions: 1. is not associated with a lower procedural success; 2. is not associated with higher risk of procedural complications; 3. remains safe and effective at mid-term follow-up.

Multiples Interventions and Risk in the Elderly Population

In the frail and elderly population referred for LAAC, patients harbor several cardiac and extracardiac comorbidities (23). This clinical status leads to both: 1. higher risk of requiring multiple cardiac interventions; and 2. higher risk of complications when these cardiac interventions are performed. Moreover, multiple, and repeated hospitalizations and anesthesia in the elderly population can result in periprocedural complications unrelated to the initial clinical condition that prompted the admission or to the procedure itself (24). Thus, a strategy combining LAAC and another cardiac structural or electrophysiological intervention in a single intervention appears attractive. In fact, the combined strategy may decrease hospitalizations and the length of stay and will require only one anesthesia/sedation. On the other hand, due to physiological and pathological changes that occur with age, patients maybe at higher risk of periprocedural morbidity and mortality (25,26). Thus, the combined strategy had to be studied to demonstrate equal or even superior benefits in term of efficacy and safety. In our small cohort, despite similar baseline characteristics, the rates of technical and procedural success and periprocedural complications were not different in patients who underwent the combined strategy compared to those who underwent the single LAAC. These results strengthen the feasibility and safety of the concomitant approach previously described in the Swiss series using the Amplatzer™ devices (16).

Type of Interventions and Procedural Issues

Half of the patients referred for LAAC in our center, had a second cardiac intervention either in a combined strategy or in during a second procedure. These second intervention, whether structural or electrophysiological, were also performed from a venous femoral access. Thus, the combined strategy by using the same

venous femoral access can reduce the cumulative risk of vascular complications. Moreover, the same transeptal puncture when required for AF ablation or TEMVR may be used for the LAAC (16). However, the optimal transeptal position may be different for TEMVR and LAAC, and the use of the optimal TEMVR transeptal puncture position should be preferred and used for the LAAC. In our experience, when AF ablation or TEMVR are combined, LAAC is performed last. However, when the other intervention is a flutter ablation or LP implantation, LAAC is performed first.

LAAC can be combined with other interventions requiring arterial access. The transaortic valve replacement (TAVR) is probably the procedure that could lead to a such combined strategies (16). In this approach, TAVR is first performed from an arterial access and LAAC then performed by a venous femoral access.

However, more procedures are now done using conscious sedation. Most TAVR, AF or flutter ablations, and LP implantations are performed without general anesthesia, while LAAC and TEMVR often require TEE guidance and general anesthesia (27, 28). The use of intracardiac echocardiography may obviate the need for general anesthesia (29).

Perspectives

With the development of percutaneous interventions and therapies, the use of combined strategies will increase. This approach may reduce the overall cost for the health care system reducing hospitalizations and the need for staged interventions (30). Moreover, the Heart Team approach will increase collaboration between different subspecialties such as the electrophysiologists, geriatricians, anesthesiologists, echocardiographers and the structural specialists all oriented towards better patient care and outcome. With this approach, in high volume centers, we may expect a decrease in the complication rates, more efficiency and a decrease in costs (31).

Study limitations and future directions

Multiple limitations arise from a monocentric registry design including variation in implantation modality, post-discharge anticoagulation regimen and the difficulty to extrapolate to other centers or countries. Furthermore, since the registry dataset was primarily focused on LAAC results, other data were not prospectively collected (arrhythmias, rhythm at follow-up, or valvular outcomes) for the combined procedure and were assessed by chart review.

Additionally, since no independent image adjudication was used, all TEE measurements (LAA diameter, device size, compression, peri-device leak, and device thrombosis) are subject to operator interpretation and imaging system variability.

Conclusion

A combined procedure with LAAC using the WatchmanTM devices, and another cardiac structural or electrophysiological procedure appears safe and effective. Larger series and prospective and multicentric cohorts are needed to confirm these preliminary results. However, since many patients have a clinical indication for multiple cardiac structural or electrophysiological procedures (TEMVR, atrial flutter ablation, pacemaker implantation), the combined approach may be considered.

Appendix

Table 1: Baseline characteristics

| | | Single procedure (n=141) | Combined strategy (n=16) |
|-------------|-------------|--------------------------|--------------------------|
| Age (years) | Age (years) | 76 (71/80) | 71 (61/73) |
| Male | Male | 94 (66%) | 10 (66%) |
| AF pattern | AF pattern | | |
| Paroxysmal | Paroxysmal | 49 (35%) | 7 (44%) |
| Persistent | Persistent | 25 (18%) | 3 (19%) |
| Permanent | Permanent | 67 (47%) | 6 (37%) |

| | | Single procedure (n=141) | Combined strategy (n=16) |
|----------------------------|----------------------------------|--------------------------|--------------------------|
| CHA2DS2-VASc Score | CHA2DS2-VASc Score | 4 (3/5) | 4 (3/5) |
| HAS-BLED Score | HAS-BLED Score | 4 (4/5) | 3 (3/4) |
| Hypertension | Hypertension | 118 (84%) | 14 (87%) |
| Diabetes | Diabetes | 52 (37%) | 8 (50%) |
| Dyslipidemia | Dyslipidemia | 59 (42%) | 11 (69%) |
| History of stroke | History of stroke | 35 (25%) | 3 (19%) |
| LV ejection fraction (%) | LV ejection fraction (%) | 53 (50/60) | 45 (37/56) |
| Left atrium volume (mL/m2) | Left atrium volume (mL/m2) | 44 (35/52) | 48 (37/61) |
| Coronary Heart Disease | Coronary Heart Disease | 66 (47%) | 10 (62%) |
| Valvular Heart Disease | Valvular Heart Disease | 64 (45%) | 7 (43%) |
| Abnormal renal function | Abnormal renal function | 39 (27%) | 4 (25%) |
| Abnormal liver function | Abnormal liver function | 9 (7%) | 0 (0%) |
| COPD | COPD | 18 (13%) | 3 (19%) |
| Peripheral artery disease | Peripheral artery disease | 4 (3%) | 0 (0%) |
| History of major bleeding | History of major bleeding | 127 (90%) | 12 (75%) |
| | Gastrointestinal hemorrhage | 63 (49%) | 9 (56%) |
| | Intracerebral bleeding | 33 (26%) | 1 (6%) |
| | Hematuria | 12 (9%) | 1 (6%) |
| | Others | 19 (15%) | 1 (6%) |
| Blood Dyscrasia | Blood Dyscrasia | 12 (8%) | 1 (6%) |
| Refractory anemia | Refractory anemia | 37 (26%) | 5 (31%) |
| Combined procedure | Combined procedure | 0 (0%) | 16 (100%) |
| | Atrial flutter ablation | 0 (0%) | 6 (37%) |
| | Lead less pacemaker implantation | 0 (0%) | 2 (13%) |
| | TEMVR | 0 (0%) | 6 (37%) |
| | Atrial fibrillation ablation | 0 (0%) | 2 (13%) |

Continuous data were expressed as median and IQR (25/75). Qualitative variables were presented with number and percentages.

Abbreviations: AF = Atrial Fibrillation; CHA2DS2-VASc score = congestive heart failure, hypertension, 75 years of age and older, diabetes mellitus, previous stroke or transient ischemic attack, vascular disease, 65 to 74 years of age, female; HAS-BLED score = hypertension, abnormal renal/liver function, stroke, bleeding history or predisposition, labile international normalized ratio, elderly, drugs/alcohol concomitantly; LV = Left ventricle; COPD = chronic obstructive pulmonary disease, TEMVR = Transcatheter Edge-to-Edge mitral valve Repair

Table 2: Left atrial appendage closure procedure

| | Single procedure (n=141) | Combined strategy (n=16) | p-value |
|--------------------------|--------------------------|--------------------------|---------|
| LAA ostial diameter (mm) | 19 (17/21) | 20 (18/21) | 0.46 |
| No. of device deployment | 1 (1/2) | 1 (1/1) | 0.43 |
| No. device | 1 (1/1) | 1 (1/1) | 0.86 |
| Device compression (%) | 20 (15/23) | 18 (15/20) | 0.49 |
| Procedure time (min) | 69 (53/88) | 115 (76/139) | <0.01 |
| Fluoroscopy time (min) | 7 (5/10) | 18 (10/38) | <0.01 |
| Fluoroscopy dose (mGy) | 945 (402/2760) | 2500 (640/11992) | <0.01 |
| Success | 139 (98%) | 16 (100%) | 0.63 |

Continuous data were expressed as median and IQR (25/75). Qualitative variables were presented with number and percentages.

Abbreviations: LAA = left atrial appendage

Table 3: Atrial flutter ablation procedure

| | Atrial flutter ablation (n=6) | Others combined procedure (n=10) | p-value |
|--------------------------|-------------------------------|----------------------------------|---------|
| LAA ostial diameter (mm) | 20 (18/21) | 19 (18/21) | 0.55 |
| No. of device deployment | 1 (1/1) | 1 (1/2) | 0.18 |
| No. device | 1 (1/1) | 1 (1/1) | 0.46 |
| Device compression (%) | 17 (15/19) | 20 (15/21) | 0.56 |
| Procedure time (min) | 75 (64/80) | 133 (123/148) | <0.01 |
| Fluoroscopy time (min) | 8 (4/11) | 36 (22/56) | <0.01 |
| Fluoroscopy dose (mGy) | 512 (336/769) | 7820 (3134/15300) | 0.01 |

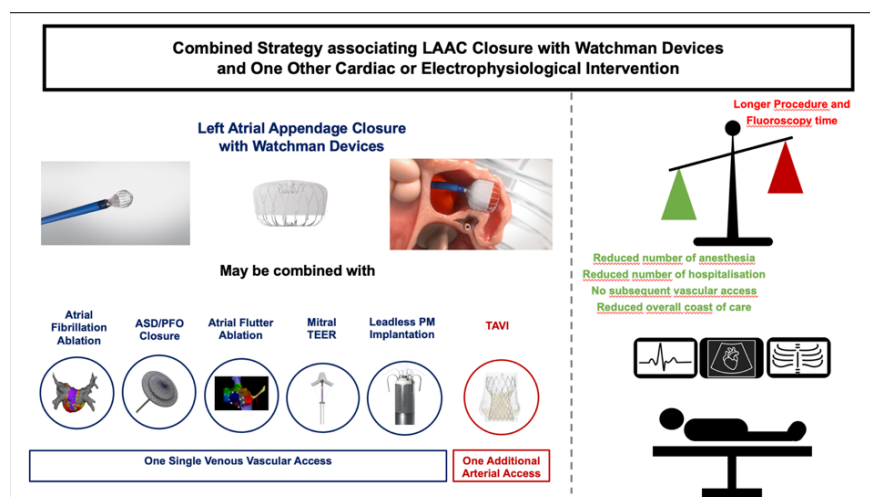
Table 4: Mid-term outcomes in single LAAC procedure and combined strategy

| | | Single LAAC (n=141) | Single LAAC (n=141) |
|----------------------------------|----------------------------------|---------------------|---------------------|
| | | No. of patients | Rate (%) |
| Device related complication | Device related complication | 6 | 4 |
| | Thrombosis | 3 | 2 |
| | Device embolization | 0 | 0 |
| | Leak (> 5mm) | 3 | 2 |
| Technical success | Technical success | 135 | 96 |
| Procedural related complications | Procedural related complications | 8 | 5 |
| | Ischemic stroke | 1 | 1 |
| | SE | 0 | 0 |
| | Hemorrhagic stroke | 3 | 2 |
| | Bleeding | 1 | 1 |
| | CV/unknow death | 3 | 2 |
| | Pericardial effusion | 2 | 1 |
| | Vascular complication | 0 | 0 |
| | Pericarditis | 0 | 0 |
| | Procedural success | 129 | 91 |
| All death | All death | 8 | 5 |

Qualitative variables were presented with number and percentages.

Abbreviations: SE = systemic embolism; CV = cardiovascular

Figure 1: Benefits and limitations of the combined strategy during LAAC



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