

# A new perspective on the ecological effects of toxic weeds in grassland ecosystems

Zhenchao Zhang<sup>1</sup>, Jian Sun<sup>2</sup>, Miao Liu<sup>2</sup>, Ming Xu<sup>3</sup>, Yi Wang<sup>4</sup>, Gaolin Wu<sup>5</sup>, H Zhou<sup>6</sup>, Chongchong Ye<sup>7</sup>, Tsechoe Dorji<sup>8</sup>, and Tianxing Wei<sup>1</sup>

<sup>1</sup>Beijing Forestry University

<sup>2</sup>Institute of Geographic Sciences and Natural Resources Research, Chinese Academy of Sciences

<sup>3</sup>Rutgers University

<sup>4</sup>Chengdu University of Technology

<sup>5</sup> State Key Laboratory of Soil Erosion and Dryland Farming on the Loess Plateau of Northwest Sci-Tech University of Agriculture and Forestry

<sup>6</sup>Northwest Plateau Institute of Biology, Chinese Academy of Sciences

<sup>7</sup>Institute of Geographic Sciences and Natural Resources Research Chinese Academy of Sciences

<sup>8</sup>Key Laboratory of Alpine Ecology and Biodiversity, Institute of Tibetan Plateau Research, Chinese Academy of Sciences

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## Abstract

The sharp rise in anthropogenic activities and climate change have caused the extensive degradation of grasslands worldwide, jeopardising ecosystem function and threatening human well-being. Toxic weeds have been constantly spreading in recent decades; indeed, their occurrence is considered to provide an early sign of land degeneration. Policy makers and scientific researchers often focus on the negative effects of toxic weeds, such as how they inhibit forage growth, kill livestock and cause economic losses. However, toxic weeds can have several potentially positive ecological impacts on grasslands, such as promoting soil and water conservation, improving nutrient cycling and biodiversity conservation, and protecting pastures from excessive damage by livestock. We reviewed the literature to detail the adaptive mechanisms underlying toxic weeds and to provide new insight into their roles in degraded grassland ecosystems. The findings highlight that the establishment of toxic weeds may provide a self-protective strategy of degenerated pastures that does not require special interventions. Consequently, policy makers, managers and other personnel responsible for managing grasslands need to take appropriate actions to assess the long-term trade-offs between the development of animal husbandry and the maintenance of ecological services provided by grasslands.

## 1. Foreword

Toxic weeds refer to plants of secondary compounds which are toxic to livestock, wild herbivore, and human (James *et al.* 2005). Some toxic weeds accumulate toxins at high levels whose concentration can be influenced by the inhabiting conditions (Zhao *et al.* 2013). The toxic principles mainly include toxic proteins, terpenoids, glycosides, alkaloids, polyphenols and photosensitive substances (Zhao *et al.* 2013), which can be extracted and used as pesticides with remarkable pesticidal and antimicrobial activities (Zhang *et al.* 2011; Gao *et al.* 2013; Chen *et al.* 2017). As important indicators of grassland degradation, toxic weeds have

become increasingly global in their distribution in recent decades due to widespread grassland degradation (Sun *et al.* 2009; Zhao *et al.* 2010; Zhao *et al.* 2013; Wu *et al.* 2016). Furthermore, a longer growing season and warming induced by climate change will intensify the increases in the occurrence and production of toxic weeds (Klein, Harte & Zhao 2007; Ziska, Epstein & Schlesinger 2009).

Statistically, there are approximately 1300 toxic species covering approximately 33.3 m ha in China’s natural grasslands (Shi & Wang 2004; Zhao *et al.* 2010). They have been traditionally thought that the wide distribution of toxic weeds leads to pasture degeneration and thereby reductions of grassland forage availability (Zhao *et al.* 2013; Wu *et al.* 2016). Additionally, poisonous weeds not only damage livestock breeding (Panter *et al.* 1999) but also poison—or even kill—domestic animals if they are ingested by accident or if the pollen is inadvertently inhaled (Braun *et al.* 2003; Zhao *et al.* 2013), potentially resulting in substantial economic losses and hindering the sustainable development of the livestock industry. It is estimated that toxic-weed poisoning results in direct or indirect economic losses of billions of CNY in China each year (Shi 2001). The reduced grazing capacity and economic losses induced by toxic weed lead to lower resilience and increase in vulnerability of livelihoods that depend on livestock. Therefore, numerous approaches have been employed to control the spread of toxic weeds (Lu *et al.* 2012; Stokstad 2013). However, most techniques have done little to eradicate established plants, and some approaches may even have negative environmental effects (Stokstad 2013; Boutin *et al.* 2014).

In fact, the spread of toxic weeds is not the reason for grassland degradation but a consequence of their strong adaptive capacity. Toxic weeds often have long and well-developed root systems to facilitate the capture of water and nutrients from deep soil profiles (Sun *et al.* 2014), inhibit the growth of co-occurring plants via allelopathy (Yan *et al.* 2016), form intraspecific aggregations that enhance their ability to compete with heterospecific competitors (Ren, Zhao & An 2015), and are not exposed to selection by livestock and small rodents (Zhao *et al.* 2013). From an ecological perspective, the colonization of toxic weeds can be more beneficial than harmful by promoting the process of succession in degraded grasslands by excluding excessive disturbance from livestock (Cheng *et al.* 2014b). An improved understanding of the potential role of toxic weeds in grassland conservation will challenge the traditional view that toxic weeds are uniformly deleterious and will enable pasture managers and policy makers to modify and design more flexible strategies for addressing global change and promoting sustainability. Here, we conduct a review of the literature to detail the fitness and potential effects of toxic weeds. These findings provide novel insight into the adaptive management of weed-dominated grasslands.

## 2. Adaptation of toxic weeds

In addition to the effects of natural factors, such as soil physiochemical properties and topographical conditions (Hou *et al.* 2013; Li *et al.* 2013), toxic weeds are most commonly a product of overgrazing and grassland degeneration. The population gradually increases and becomes dominant in plant communities as grassland degradation and grazing intensity increases (Zhang, Yue & Qin 2004; Zhang *et al.* 2004; Li, Jia & Dong 2006; Wang *et al.* 2016; Ricciardi *et al.* 2017). This pattern is likely mostly due to that toxic weeds have various adaptive strategies for environmental stress and anthropogenic disturbance including higher genetic variation, well-developed roots, allelopathy effect, and poisonous for herbivores.

### 2.1 Strategies of adaptation to the environment

A large number of toxic weeds are long-lived perennial species with self-incompatible mating systems and therefore generally have high quantities of genetic variation, which facilitates adaptive evolution to various environmental conditions and contributes to their wide geographic distribution (Ghalambor *et al.* 2007; Zhang *et al.* 2015b; Bruijning *et al.* 2019). For example, *Stellera chamaejasme* inhabits a wide range of altitudes from 130 to 4200 m, including the North China Plain, the Inner Mongolia Plateau and the Tibetan Plateau, as well as a wide area from southern Russia to southwest China and the western Himalayas, which is suggestive of high adaptability (Liu, Long & Yao 2004; Wang 2004; Wang & Gilbert 2007; Zhang, Volis & Sun 2010; Zhao *et al.* 2010) (Fig. 1). The various morphological and physiological traits of toxic weeds promote increases in the fitness to harsh environments, such as drought, cold or barren soils (Wong *et al.*

2004; Kraft *et al.* 2015; Wang *et al.* 2016). As shown in Fig. 2, leaves of these weeds are often lanceolate with thick waxy layers that tolerate prolonged drought conditions (Dou, Feng & Hou 2013). Moreover, many toxic weeds can capture water and nutrients from deeper soil profiles via their long and deeply distributed roots (Sun *et al.* 2009). Additionally, rhizobacteria has been found to stimulate the growth of these weeds by optimizing nutrient supplies and promoting plant metabolism and systemic resistance under unsuitable growth conditions (Lugtenberg & Kamilova 2009; Lehmann *et al.* 2011; Cui *et al.* 2015; Hui *et al.* 2018). Endophytic bacteria also make toxic weeds more tolerant to abiotic stress (Sieber 2007; Hyde & Soyong 2008; Jin *et al.* 2014).

Toxic weeds follow the optimal partitioning rule wherein plants partition photosynthate among their various organs to maximise growth rate in different habitats (Chapin *et al.* 1987). For example, some toxic weeds have been observed to allocate more biomass to hydrotropic roots under drought stress (Sun *et al.* 2014). In addition, plant body size decreases at higher elevations to reduce nutritional needs in less resource-rich environments; however, more photosynthetic products are allocated to flowers at higher elevations to enhance reproductive success (Zhang *et al.* 2013). High altitudes make toxic weeds produce fewer, but larger, flowers with colour polymorphisms to attract pollinators in adverse environments (Zhang *et al.* 2013; Zhang *et al.* 2015a) where low temperatures and strong winds discourage insect activity (Zhang, Zhang & Sun 2011). On the other hand, the number of branches on toxic weeds is reduced and plant height is increased in north-facing compared with south-facing slopes, suggesting that toxic weeds allocate more photosynthate to vertical growth than to horizontal growth in response to competition for light (Hou *et al.* 2014). The physiological responses of toxic weeds also show signatures of adaptation to resource-constrained conditions. For example, toxic weeds have higher proline concentrations and rates of water use in south-facing slopes with arid environments (Liu & Ma 2010; Hou, Liu & Sun 2017). However, toxic weeds in north-facing slopes with weaker light intensities have higher chlorophyll contents and photosynthetic efficiencies (Liu *et al.* 2017).

## 2.2 Interspecific relationships

Owing to their wide niche breadth, toxic weeds can successfully coexist with several other plant species (Ren, Zhao & An 2013; Cheng *et al.* 2014a). Unlike the shallow-rooted graminoids whose roots horizontally extend in the surface soil (Wang *et al.* 2004), toxic weeds are mostly axial-root species which deeply root, and thus can absorb water and nutrients from much deeper in the soil compared to forages (Li, Niu & Du 2011; Maguire, Sforza & Smith 2011; Sun *et al.* 2014). Such interspecific differentiation in the acquisition of soil resources alleviates competition and permits co-existence with heterospecific plants (Fargione & Tilman 2006; Ryel 2010; Xin *et al.* 2012). Nevertheless, perennial toxic weeds are usually tall and thus superior competitors for light resources relative to shorter plant species (Hautier, Niklaus & Hector 2009; Craine & Dybzinski 2013; Li *et al.* 2016). In addition, individuals often aggregate to form patches that facilitate intraspecific cooperation, enhance their competitive ability and promote their expansion (Sun, Ren & He 2011; Gao & Zhao 2013; Ren, Zhao & An 2015). As a consequence, patches of heterospecific plants that are separated by toxic weeds often are not able to survive in the presence of competitively superior toxic weeds (Zhao *et al.* 2016).

The allelopathy of toxic weeds is an important competitive behaviour that inhibits the growth of receptor plants (Fig. 3). The primary phytotoxic mechanisms are regulated via the following two pathways. First, allelochemicals (e.g. flavonoids, coumarins and phenolic compounds) can inhibit mitosis (Yan *et al.* 2016), reduce chlorophyll content (Pan *et al.* 2015), disrupt root development (Yan *et al.* 2014), promote the overproduction of proline (Yan *et al.* 2016), inhibit germination (Cheng *et al.* 2011), reduce endogenous auxin content (Yang *et al.* 2011), and promote reactive oxygen species accumulation (Pan *et al.* 2015; Yan *et al.* 2015). The second pathway is the arrest of sexual multiplication by pollen allelopathy (Sun, Luo & Wu 2010). Interestingly, phytotoxic effects increase with age; that is, older plants are superior competitors compared with younger plants (Wei *et al.* 2017). Notably, the allelopathy effects of toxic weeds exhibit species specificity, for example, *S. chamaejasme* has strong inhibitive effects on some species including *Setaria viridis*, *Amaranthus retroflexus* (Pan *et al.* 2015), *Pedicularis kansuensis* (Hou *et al.* 2011), *Festuca rubra* L., *Medicago sativa* (Guo *et al.* 2015), *Melilotus suaveolens* Ledeb (Wang, Zhou & Huang 2009)

and *Onobrychis viciifolia* (Zhou *et al.* 2009b), while other species such as *Agropyron mongolicum* (Wang *et al.* 2008), *Psathyrostachys juncea* (Zhou *et al.* 2009a), *Elymus dahuricus* (Zhou *et al.* 2010) and *Lolium perenne* (Wang, Zhou & Huang 2009) show resistibility against the allelopathy effect of *S. chamaejasme*. Therefore, these species can be used to restore degraded grasslands inhabited by toxic weed.

### 2.3 Defensive strategies against animals

Toxic weeds are more resistant to grazing than grasses favoured by herbivores, especially when available forage is limited (Ren *et al.* 2016). Indeed, the niche breadth of toxic weeds is enhanced under grazing (Mou *et al.* 2013), but they also exhibit superior tolerance to physical breakdown because of their tenacious capacity to regenerate once damaged (Li *et al.* 2008). Endophytic fungi can protect plants from nematodes, insect pests and fungal pathogens (Barillas *et al.* 2007; Jin *et al.* 2013). Furthermore, the toxic components of these weeds are capable of poisoning or killing small rodents and play a vital role in protecting toxic weeds from animals and pathogens (Yan *et al.* 2015). The content of toxic substances is highest in leaves, which is the vegetative organ most likely to be consumed by herbivores. Furthermore, the content of toxic substances dramatically increases in response to trampling and consumption by livestock, which reduces the grazing intensity on toxic weeds (Zheng & Hu 2006). The texture and colour of toxic weeds are also striking (Fig. 2), which likely aid the identification, recognition and classification of toxic weeds by animals as distasteful and indigestible food items.

In response to long-term overgrazing and selective foraging, palatable grasses become miniaturised, restricting their ability to utilize natural resources. However, the ecological niche of toxic weeds also widens through increases in the number of reproductive branches and individual florets (Han *et al.* 2006). The grazing-induced reduction of interspecific competition also contributes to the dominance of toxic weeds in plant communities (Ren *et al.* 2016). In addition to grazing duration, grazing intensity also affects the distribution of toxic weeds, which often aggregate when grazing is intense but are randomly distributed when grazing is especially intense (Xing & Song 2002; Zhao *et al.* 2011). Thus, the intraspecific relationship shifts from being mutualistic to competitive depending on the intensity of grazing (Ren & Zhao 2013).

Reproductive strategies of toxic weeds with high survival rates include floral traits, such as the brilliant terminal flower head (Fig. 2D), which increases reproductive success by attracting pollinators (James *et al.* 2005; Zhang, Zhang & Sun 2011). Additionally, the seeds are hard and durable and the seedlings are capable of exploiting grazed areas with reduced competition from palatable grasses (Zhao *et al.* 2013). The proportion of old plants in grasslands increases with grazing intensity. In addition, old individuals have a higher fecundity and produce larger quantities of seeds compared with younger plants (Xing, Gou & Wei 2004). Thus, the breadth and density of the soil seed bank increases as the intensity of grassland degradation rises, enhancing the ability of the population to regenerate (Zhao & Zhang 2010; Du *et al.* 2015).

### 3. Potential ecological effects of toxic weeds

Traditionally, toxic weeds are not only thought to cause economic losses to livestock production but are also thought to do great harm to grasslands and lead to their degradation (James *et al.* 2005; Luet *et al.* 2012; Zhao *et al.* 2013). However, this parochial view may neglect the manifold ecological roles that toxic weeds can play as important natural components of grassland ecosystems. For instance, toxic weeds can provide a number of ecological, social and economic benefits by improving soil quality, protecting forage resources and promoting the sustainable development of grasslands.

#### 3.1 Effects on soils

Regarding soil and water conservation, the well-developed root systems of toxic weeds can fix sand and capture nutrients from soils with coarser textures (Wang 2001; Wong *et al.* 2004). As we know, grazing and grassland degradation induce reversed vegetation succession with deterioration of plant community structure from palatable grasses to toxic weeds (Wang *et al.* 2009; Wu *et al.* 2009). Even so, compared to bare land, grassland covered by toxic weeds is more susceptible to erosion from strong wind and rain (Zhang, Yue & Qin 2004). On the other hand, toxic weeds significantly increase the water content of the soil surface under

drought conditions (An *et al.* 2016). The higher coverage of plants shields topsoil from solar radiation and decreases evaporation (Mchunu & Chaplot 2012); moreover, the soil infiltration rate is relatively high as a result of a well-developed root system, stimulating rainfall storage (Song *et al.* 2018).

In addition to the physical protection that they provide to grasslands, toxic weeds have remarkable effects on soil nutrient pools and can create fertile islands (Sun *et al.* 2009) (Fig. 4). Toxic weeds produce more litter as a consequence of their increased growth and because they lose less tissue through grazing. Toxic weeds are also more labile and have higher tissue nitrogen and lower lignin nitrogen compared with other species (An *et al.* 2016). Soil microorganisms also contribute to the turnover rate and nutrient availability. Soil microbial biomass and soil enzyme activities are higher in toxic weed patches than in areas between these patches (An *et al.* 2016). Overall, the protection and improvement of soil by toxic weeds provide a superior material basis for plant growth and benefit the recovery of degraded grasslands.

### 3.2 Effects on co-occurring plants

It is commonly believed that toxic weeds have negative effects on the quantity of forage via allelopathy, thereby decreasing grassland productivity (Pan *et al.* 2015). However, toxic weeds actually provide biotic refuges and keep surrounding herbaceous species away from livestock in overgrazed grasslands (Fig. 4). The number of species and the coverage of neighbouring plants are noticeably higher in plots with toxic weeds than in those in open grasslands (Cheng *et al.* 2014b). There are two principal means by which toxic weeds can facilitate the proliferation of neighbouring plants in overgrazed pastures. First, the toxic smell could repel livestock and thus reduce the ingestion and trampling of edible forage surrounded by toxic weeds (Oesterheld & Oyarzabal 2004). Second, toxic weeds alter the surrounding micro-environmental conditions. For example, toxic weeds can redistribute soil nutrients, form fertility islands (Sun *et al.* 2009) and create a cool environment that promotes soil moisture retention via the height of the plant canopy (Rebollo, Milchunas & Chapman 2002). All of these micro-environmental changes provide better soil conditions and microclimates for plant growth. Additionally, the niche overlap between toxic weeds and fine herbage is smaller than that between toxic weeds and unpalatable weeds, reflecting the lower degree of competition between toxic weeds and edible forage (Ren, Zhao & An 2013).

### 3.3 Potential ecological roles in degraded grasslands

From a successional perspective, the spread of toxic weeds is a consequence of their high adaptability rather than a cause of grassland degeneration. As an important part of the grassland ecosystem, toxic weeds improve plant community structure in degraded pastures (Tan & Zhou 1995) and play a crucial role in preventing further desertification of degraded grasslands (Wang *et al.* 2016). Animals usually avoid poisonous toxic weeds, which inherently suppresses excessive disturbance by livestock when overgrazing occurs. The unfounded removal of toxic weeds might lead to ecosystem collapse (Fig. 5) because grazing pressure on pasture is greater without the protection that toxic grasses provide (Wang *et al.* 2014). This hypothesis is potentially consistent with previous studies that report that the degree of degradation of mowed grasslands was greater than that of grazed grasslands inhabited by toxic weeds (Wang & Gilbert 2007; Li *et al.* 2008).

Furthermore, the presence of toxic weeds provides an essential means by which the coverage of vegetation can be maintained and the ecological functions of degraded grassland can be preserved (Fig. 5), although these should be considered some of their “better-than-nothing” effects. Toxic weeds provide an important gene pool, and their invasion increases the diversity of insects and invertebrates, facilitating the maintenance of biodiversity (Sun *et al.* 2013). Consequently, degenerated grassland with toxic weeds do not require any special interventions aside from controlling grazing intensity or limiting the overgrowth of toxic weeds. In support of these effects, the occurrence of toxic weeds is inhibited by the absence of grazing (Ren *et al.* 2016). The potential process and underlying mechanism are as follows: First, residual yak dung deposition accelerates the proportional increase in graminoids and promotes the transformation of grasslands to gramineous communities following the exclusion of grazing (Mou *et al.* 2013). Moreover, grasses will recolonise and regain prevalence due to the maintenance of local genetic variation and because they can regenerate rapidly through the production of a large number of seeds (Liu & Ma 2010; Cheng *et al.* 2014b). Finally, degraded

grassland ecosystems will eventually be restored and become prosperous again following a long period of self-healing (Fig. 5).

#### 4. Conclusion and future prospects

As a barometer of grassland health, the wide distribution of toxic weeds worldwide indicates that land degradation is a serious issue that threatens the sustainable developmental goal of “no poverty, zero hunger” of the Food and Agriculture Organization of the United Nations. This review provides an understanding of the adaptive abilities of toxic weeds and presents a new interpretation of their role in degenerated grassland ecosystems. Here, we argue that toxic weeds can provide self-protective mechanisms of degraded pastures and promote their resilience. In some cases, taking no action might be superior to taking actions that end up doing more harm than good. The blind removal of toxic weeds through the promotion of increased grazing will likely expose pastures to excessive damage, jeopardizing ecosystem balance. Thus, robust grassland management requires policy makers, managers and other personnel to continuously monitor and evaluate the long-term trade-offs between the development of livestock farming and the maintenance of multiple ecological services. An improved understanding of toxic weeds is valuable for the sustainable management of grasslands and for meeting the 2030 Global Land Degradation Neutrality Target set by the United Nations Convention to Combat Desertification (Toth *et al.* 2018).

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#### Data availability

All data included in this study are available upon request by contact with the corresponding author.

#### Competing interests

The authors declare no competing interests.

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## Figure legends

**Figure 1** Global distribution of *S. chamaejasme* based on previously published records (Liu, Long & Yao 2004; Wang 2004; Wang & Gilbert 2007; Zhang, Volis & Sun 2010; Zhao *et al.* 2010), primarily including southern Russia, North Korea, Mongolia, Nepal, and northern and southwestern China.

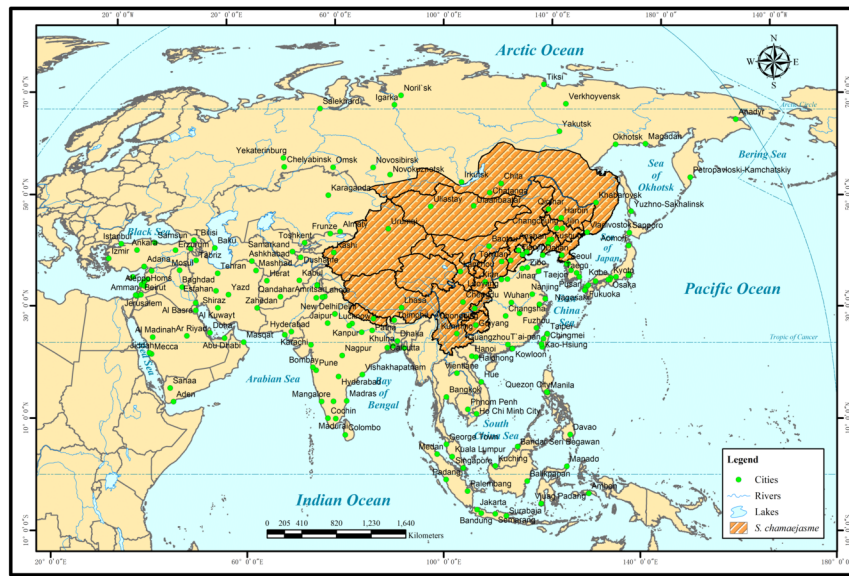
**Figure 2** Plants, flowers, and landscapes of the toxic weed (*S. chamaejasme*). (A): plants of *S. chamaejasme* in an alpine grassland; (B): plants of *S. chamaejasme* in a typical grassland; (C): *S. chamaejasme* outside the fence; (D): white flower of *S. chamaejasme*; (E): landscape of *S. chamaejasme* in an alpine grassland; (F): landscape pattern of *S. chamaejasme* in a desert grassland taken by an unmanned aerial vehicle.

**Figure 3** Conceptual graph of the adaptive strategies of toxic weeds for environmental stress (yellow background), competition from other plants (blue background), and animal disturbance (orange background).

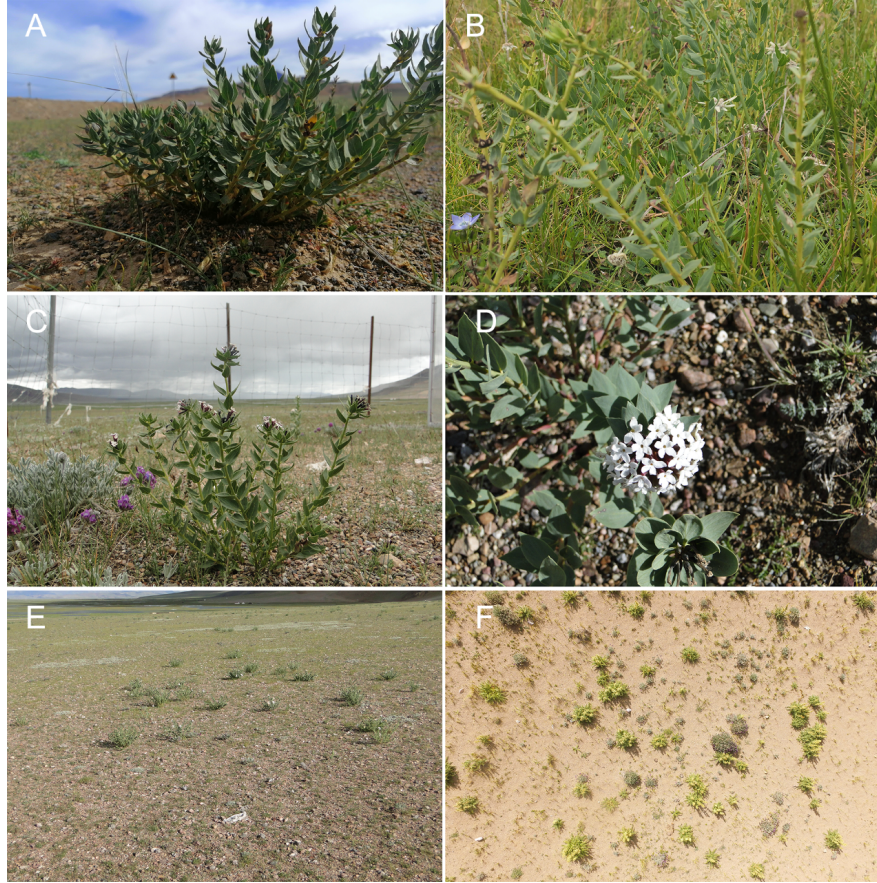
Fine dotted arrow = impacts of environmental conditions; Thick blue dotted arrow = intraspecific and interspecific relationships; Thick orange dotted arrow = interactions between plant and animals.

**Figure 4** The potential ecological effects of toxic weeds on grassland ecosystems (purple background), soil (yellow background), and co-existing plants (green background).

Figure 5 The processes of grassland succession. Grassland degrades as a result of climate change and human activities; Toxic weeds invade as a consequence of their many adaptations to disturbed environments; Degraded grassland recovers under the protection of toxic weeds from excessive destruction; Livestock and rats destroy degraded grasslands by the excessive removal of toxic weeds; The grassland ecosystem collapses and desertification occurs as a consequence of the excessive damage. Red solid arrows indicate the positive feedback loop with toxic weeds. Yellow dotted arrows indicate the negative feedback direction that occurs in the absence of toxic weeds.

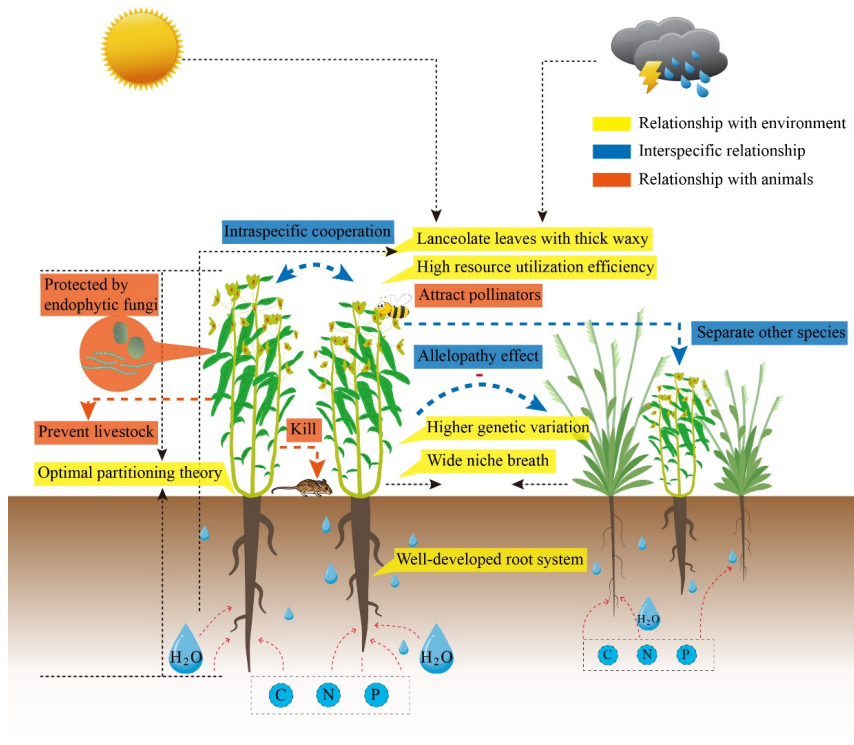


**Fig. 1**



**Fig. 2**





**Fig. 3**

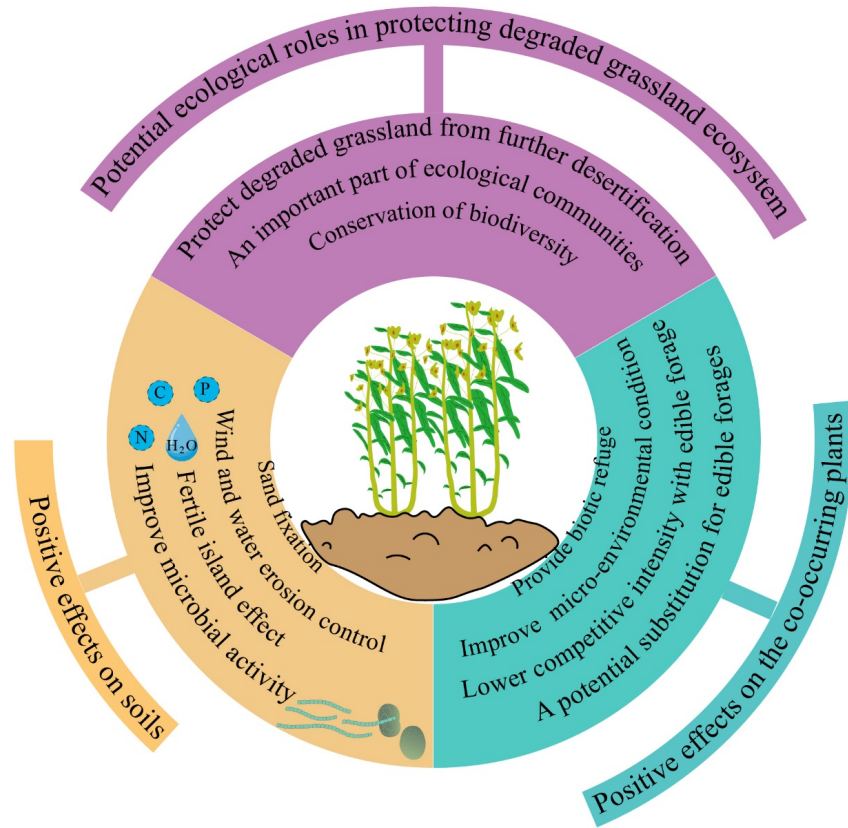


Fig. 4

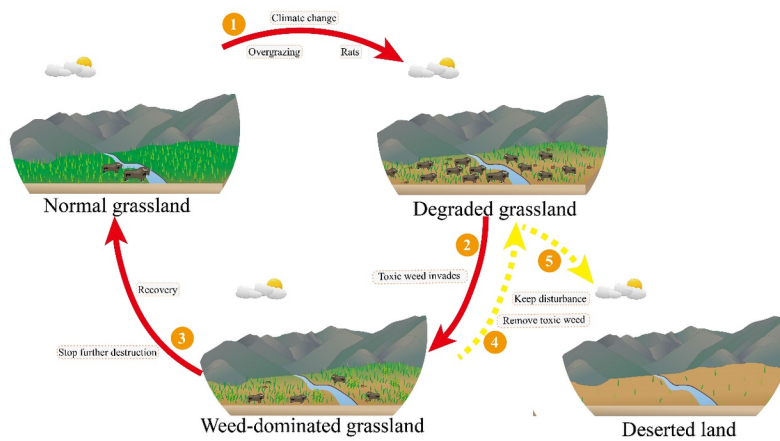


Fig. 5